

2021 Rate Schedule for Oscar Sierra, Clinical Herbalist

Rates effective January 11, 2021

Services are billed at \$225 per hour, prorated in 15-minute increments.

\$100 Deposit - To Commit to and Initiate Care with a Mederi Practitioner

To begin your care with a Mederi practitioner and secure a date and time for your Initial Consultation, you will be billed a \$100 nonrefundable deposit that will be applied towards your initial consultation. Should you need to cancel your initial appointment, you may reschedule within 60 days of cancellation. Your nonrefundable deposit will be applied toward your rescheduled appointment or forfeited after the 60-day cancellation policy.

Initial Consultation

The Initial Consultation is your first scheduled appointment with your practitioner, where an in-depth dialogue and discovery of your health status will take place. The complexity of your health concern will dictate how much time is required of your practitioner. The billable time will not exceed 2.5 hrs and includes:

- o Review and analysis of medical records prior to the consultation
- Comprehensive one-on-one consultation with the practitioner, which generally lasts anywhere from 60 - 90 minutes
- Creation of a customized protocol unique to your personal health status after the consultation

Follow-Up Consultations

Follow-Up Consults are scheduled appointments with your practitioner to monitor, assess, and evaluate your ongoing care and progress. These sessions are vital for assessing whether any changes to your care or protocols are required. The billable time includes:

- The practitioner's time to review your new records prior to your appointment
- Consultation time with the practitioner, which generally lasts anywhere from 30 –
 60 minutes
- o Time spent making any protocol revisions after your appointment

Protocol Revisions / Research / Queries

If you have queries for the practitioner between consultations, you can always reach out to the client liaison. Emails or a phone call work well for a quick question. If your query is more in depth, or you are presenting new information, it's most efficient to schedule a short consultation with the practitioner. Billable time can include:

- o Research the practitioner completes on your behalf
- o Amendments/updates to your protocol
- Time spent by the practitioner answering your email/telephone queries

Please see next page

Consultations with Your Outside Practitioners

We offer a collaborative healing approach and welcome the opportunity to speak with your other treatment providers. Please let us know if you would like us to speak with other practitioners participating in your healthcare.

Cancelled or Missed Appointments

Cancelled or missed appointments with less than two-working-days' notice will be billed at half of the anticipated cost for that particular appointment (\$281.25 for the initial consultation, \$112.50 for a follow-up consultation).

The purpose of this fee is to encourage our clients to take their appointments as seriously as we do. That time is reserved for you; if you do not keep the scheduled time, then other clients, who need earlier appointments than the schedule permits, are being obligated to wait longer than necessary. We remain available to discuss this policy in general, or individual circumstances.

<u>Payment Policy</u> Mederi Center accepts cash, check, MasterCard, Discover and Visa. We also accept American Express if needed; however, we prefer to utilize other methods of payment to keep costs down, as other cards offer discounted rates due to our non-profit status. Our policy requires that payments are made at the time of your scheduled consultation. It is our customary practice that we retain your credit/debit card(s) information in our secure database for convenience of payment.

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