
MEDERI
CENTER
APOTHECARY &
BRANDED PRODUCT
OFFERINGS
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MEDERI CENTER
Wholistic Health and Healing
Patient Care | Research | Education

STOCK FORMULAS, APOTHECARY, & BRANDED PRODUCT OFFERINGS

Mederi Center • 478 Russell Street, Suite 101 • Ashland, OR 97520
Tel: 541.488.3133 • Fax: 541.488.6949 • MederiCenter.org

SECTION 1

MEDERI STOCK FORMULAS

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Stock Formula List 2024

Formulas by Clinical Master Herbalist Donnie Yance, CN, MH, RH (AHG)

These unique formulas have been developed and clinically tested by an expert in the field of botanical medicine with decades of clinical experience. These are available exclusively through Mederi Center's Apothecary.

*Indicates there are low dose herbs in the formula

POWDER STOCK FORMULAS

Ally Smoothie Support POWDER

Sizes offered: 2oz, 4oz, 8oz

Ingredients: BiAloe®, Turmeric, Maca, Propolis, Ursolic Acid (from Sage extract), Centellin®, Milk Thistle extract powder, ForsLean® (Coleus extract powder), Cinnamon, FenuSterols® (Fenugreek extract powder), Lo han extract powder

Recommended Dosing: 1 tsp daily

Theraputic Rationale: Known to be immune modulating and supportive for patients who are immune compromised to restores health. It can also nourish the mucosal membranes of the GI tract.

Berry Eyes POWDER

Sizes Offered: 2oz, 4oz

Ingredients: Billberry extract powder, Goji (Gou qui zhi 5:1 granule), Schisandra extract powder, Lo han extract powder

Recommended Dosing: 1/4 tsp daily

Theraputic Rationale: This blend can be supportive to general eye health, eye strength, and vision.

Cordyceps Mushroom Extract 4:1 POWDER

Sizes Offered: 2oz, 4oz, 6oz

Ingredients: Cordyceps 8:1, Cordyceps 1:1

Recommended Dosing: 1-2 tsp daily

Demulcent POWDER

Sizes Offered: 2oz, 4oz, 6oz

Ingredients: L-Glutamine, DGL (Licorice), Maca, Slippery Elm, Marshmallow, Psyllium Seed, BiAloe®

Recommended Dosing: 1 tsp daily

Theraputic Rationale: Demulcent Powder can be soothing to irritated and inflamed mucus membranes, including mouth ulcers and sores throughout the GI tract; it also can help protect the gut lining from anything that may cause harm.

KavaCine POWDER

Sizes offered: 2oz, 4oz

Ingredients: Glycine powder, Kava Powder Extract 30% Kavalactones

Recommended Dosing: 1 tsp 2-4x daily

Theraputic Rationale: KavaCine can provide the ultimate combination to combat anxiety, is immune modulating, anti-inflammatory, and cytoprotective agent for general immune support, rejuvenation and relaxation.

Mushroom 5 POWDER

Sizes offered: 3oz, 6oz

Ingredients: Coriolus 1:1, Reishi 1:1, Reishi 16:1, Reishi 4:1, Chaga 8:1, Shiitake 4:1, Poria 1:1, Ginger, Lo han

Recommended Dosing: 1/2-1 tsp 1-3x daily

Therapeutic Rationale: Known for immune support and restoration of the body's natural defense system. Containing five main mushroom extracts, the formulation utilizes the qualities of each extract in support to the body's organs while supporting free radicals for optimal health.

Mushroom Restore POWDER

Sizes offered: 3oz, 6oz

Ingredients: Red reishi 1:1, Coriolus 8:1, Shitake 4:1, Poria 1:1, Chaga 8:1, Beet root 10:1, Milk Thistle 80% silymarin, Ashawagandha 4.5% withanolides, Schisandra 20:1, DGL licorice extract, Ginger 5% gingerols, Lo han

Recommended Dosing: 1/2-1 tsp 1-3x daily

Theraputic Rationale: Can help add immunilogical restorative benefits on a molecular, cellular, organ system. Added benefits with adaptogens and is known to help restore immune response.

Nutra Amino POWDER

Sizes offered: 3oz, 6oz

Ingredients: Creatine Monohydrate, BCAA, L-Citrulline, L-Glutamine, Papaya Digest, Lo han

Recommended Dosing: 1 tsp daily

Theraputic Rationale: Helps promote cardiovascular and immune health and function, as well supporting ATP and metabolic function.

Reishi Mushroom 4:1 Extract POWDER

Sizes offered: 3oz, 6oz

Ingredients: Reishi 16:1, Reishi 1:1

Recommended Dosing: 1-2 tsp daily

Papaya Digest POWDER

Sizes offered: 3oz, 6oz

Ingredients: Green Papaya, Poria extract, Chamomile, Ginger, Fennel, Orange peel, Lotus root, Schisandra, Cardamom, Cinnamon, Lo han

Recommended Dosing: 1/2 - 1 tsp 1-2x daily

Theraputic Rationale: Blended with aromatic herbs, this formula can support digestive compaints like nausea, acid reflux, gas, and bloating.

ThermoFit POWDER

Sizes offered: 3oz, 6oz

Ingredients: Coleus, Green Tea, Lecithin, Sea vegetable powder, Ginger, Cinnamon, Lo han

Recommended Dosing: 1/2 tsp 1-2x daily

Theraputic Rationale: Known to support metabolism, this blend can decrease weight gain by supporting fat cells and transferred energy.

Turmeric Synergy POWDER

Sizes offered: 3oz, 6oz

Ingredients: Curcumin 3C® 95% curcuminoids, UC3 Clear® curcuma longa extract 14% curcuminoids, Turmeric Powder, Green tea 75% catechins, Grape seed, Resvenox® 95% resveratrol, Holy basil, Sage ursolic acid 75%, Amla, Cinnamon, Black Cumin Seed, Ginger 5% gingerols, Lecithin, Black pepper piperine, Lo han

Recommended Dosing: 1/2 tsp 1-2x daily

Therapeutic Rationale: To mitigate underlying factors to aging as well as help stabalize, protect, restore health at a molecular, cellular, and organ system level.

TEA STOCK FORMULAS

Bladder Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Dandelion leaf, Marshmallow, Uva Ursi, Corn silk, Yarrow, Juniper

Recommended Dosing: 1 tbsp per cup, drink 4x daily

Therapeutic Rationale: Promotes bladder health but supporting the bladder, urinary canal tissue, and providing relief. Known for its soothing, antimicrobial, antiinflammatory, and nourishing effects**.**

Bone Marrow Soup Mix Plus TEA

Sizes Offered: 4oz

Ingredients: Wild yam, Astragalus, Codonopsis, Rehmannia prep., Goji, Dang Gui/Angelica, Yellow Dock

Recommended Dosing: Add to stocks and broths

Therapeutic Rationale: This tea may tonify, build, and invigorate the body. Designed to be added to a bone broth soup. The herbs in this tea may build blood and tissue, and immune system**.**

Bronchial Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Mullein, Coltsfoot, Marshmallow, Fenugreek, Licorice, Lotus Root, Ginger, Hyssop, Lo han, Red Clover, Thyme, Eucalyptus, Hibiscus, Nettles, Peppermint, Plantain

Recommended Dosing: 1/4 cup herb to 1 quart water. Strain and drink daily

Therapeutic Rationale: Supports healthy lung and bronchial function and known to soothe and relax the respiratory system. It contains botanicals with expectorant qualities, as well as those that encourage healthy immune function.

Carminative Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Fennel, Ginger, Orange peel, Cardamom, Star Anise

Recommended Dosing: Add 2 tbsp to 1 quart of water, drink daily.

Therapeutic Rationale: With traditional aromatic herbs, this blend is designed to support healthy digestion, absorption and assimilation.

Deep Immune Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Astragalus, Schisandra, Burdock root, Cat's Claw, Chaga, Licorice, Ginger, Cinnamon

Recommended Dosing: Add 2-4 tbsp to 1 quart water, drink 1-3 cups daily

Therapeutic Rationale: This blend contains adaptogens that are known to protect the body against physical, mental and emotional stress. Known to increase energy, stamina, endurance, while offering defense for the immune system.

Demulcent Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Chamomile, Lemon Balm, Marshmallow Root, Slippery Elm, Licorice, Lotus root, Lo han, Plantain, Peppermint

Recommended Dosing: Add 4 tbsp to 1 quart cold water, steep overnight, drink 1-3 cups daily

Therapeutic Rationale: This blend contains herbs that are rich in mucilage and is known to help soothe and protect inflammed tissue. Has affinities to the digestive, respiratory and urinary systems.

Digestive Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Chamomile, Lemon balm, Plantain, Papaya leaf

Recommended Dosing: Add 4 tbsp to 1 quart water, drink daily

Therapeutic Rationale: May support digestion by reducing indigestion, gas, bloating, nausea.

Eye Health Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Chamomile, Chrysanthemum, Eyebright, Goji

Recommended Dosing: Add 4 tbsp to 1 quart water, drink daily

Therapeutic Rationale: Rich in antioxidants, this blend may support protection against UV radiation and degeneration. Known for its antiinflammatory and hepaprotective qualities, this blend can be useful for red and itchy eyes, glaucoma, dryness, and pressure.

Flew B Gone Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Chrysanthemum, Peppermint, Elder flower, Ginger, Hyssop, Lo han, Boneset, Linden, Yarrow, Eucalyptus

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 4 cups daily

Therapeutic Rationale: This tea may provide support and relief for flu, fever, colds, body aches, and other pathogenic conditions. It could also be used as a tea to support detoxification to withdraw heat + toxins**.**

Gentle Liver Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Burdock root, Peony root., Schisandra, Dandelion root, Licorice, Rooibos, Yellow Dock

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 2 cups daily

Therapeutic Rationale: This herbal tea blend is designed to be both liver protective and detoxifying to the liver. This tea may also stimulate digestion and the flow of bile, which will also assist in the elimination process.

Heart Stock Tea

Sizes Offered: 4oz, 8oz

Ingredients: Hawthorn fruit, leaf, & flower, Hibiscus, Linden leaf & flower, Motherwort, Rose

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 2 cups daily

Therapeutic Rationale: This herbal tea blend is designed to be supportive, nourishing, tonifying and protective of the heart and cardiovascular system. These ingredients also help to maintain a healthy blood pressure and smooth circulation.

Mineralizing Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Alfalfa/Medicago, Dandelion leaf, Horsetail, Nettles, Oat straw, Plantain, Red clover, Rose hips.
Recommended Dosing: Add 1 tbsp per cup of hot water, drink 2 cups daily

Therapeutic Rationale: This herbal tea is known to support bone and connective tissue health. By alkalization, this tea may help to maintain bone strength and flexibility, supporting healing of broken bones and connective tissue injuries and may reduce symptoms of osteoporosis.

Nervine Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Skullcap, Holy Basil, Oat tops, Lemon balm, Rose

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 2 cups daily

Therapeutic Rationale: This herbal tea blend is designed to support, calm, and nourish the central nervous system. These herbs may help promote mental and physical relaxation and restful sleep.

Rescue TEA

Sizes Offered: 4oz, 8oz

Ingredients: Bronchial Tea, Flew B Gone Tea, Deep Immune Tea, Nettle.

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 4 cups daily

Therapeutic Rationale: Rescue tea blend is used as a general tea to support prevention, used throughout all stages of a sickness, and even during the recovery phase.

Schi-Zam TEA

Sizes Offered: 4oz, 8oz

Ingredients: Ginge, Hibiscus, Lemongrass, Licorice, Lo han, Goji, Nettle, Orange peel, Red clover, Rooibos Chai, Rose, Schisandra

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 2 cups daily

Therapeutic Rationale: This herbal tea blend has been known for its energizing and nourishing qualities. Containing adaptogenic herbs, these plants can help support energy, balance, restoration and protect the body when under stress.

Sinus Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Eyebright, Goldenrod, Nettle., Mullein, Juniper

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 2 cups daily

Therapeutic Rationale: This herbal tea blend encourages nasal and sinus health, reducing mucus, and promoting lymph drainage. These herbs can enhance respiratory function and support a healthy immune system.

Sleep Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Chamomile, Skullcap, Lavender, Lemon balm, Orange peel, Passionflower

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 2 cups daily

Therapeutic Rationale: This blend is designed to promote a restful sleep. It contains ingredients with sedative and nervine qualities that may sooth the central nervous system, reduce stress, assist with relaxation and promote a natural restful sleep.

Smooth Kidneys Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Marshmallow, Cornsilk, Dandelion leaf, Goldenrod, Nettle, Plantain, Horsetail, Juniper berry

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 2 cups daily

Therapeutic Rationale: Containing herbs that can support kidney and urinary tract function. These ingredients are known to help stimulate urine flow, have antimicrobial, anti-inflammatory and pain-relieving qualities and discourage the formation of kidney stones.

Taheebo Decoction TEA

Sizes Offered: 4oz, 8oz, 12oz

Ingredients: Pau d'arco, Astragalus, Cat's Claw, Lemongrass, Red Clover, Rooibos Chai, Burdock Root, Dandelion Root, Hibiscus, Lavender, Licorice, Goji, Orange peel, Rose, Papaya leaf, Lo han, Chaparral

Recommended Dosing: Add 1/4 cup tea to 1 Qt of boiled water, simmer for 20 minutes, drink 2-3 cups daily.

Therapeutic Rationale: This is a very complex and balanced tea blend featuring many prominent alterative herbs. The herbs in this formula has been known to have potent cell protective effects, promoting lymphatic drainage, activating liver, kidney, spleen and other organs for detoxification.

Tulsi Power TEA

Sizes Offered: 4oz, 8oz

Ingredients: Holy Basil, Schisandra, Hibiscus, Lemongrass, Lo han, Goji, Ginger, Anise, Rooibos, Dandelion rt

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 2 cups daily

Therapeutic Rationale: This herbal tea blend has adaptogenic qualities that may enhance energy and can promote a healthy stress response. The ingredients may also enhance the endocrine system, increase stamina and endurance.

Weight Management TEA

Sizes Offered: 4oz, 8oz

Ingredients: Green Tea, Hibiscus, Ginger, Dandelion leaf, Lemongrass, Rose Cinnamon, Star Anise, Lo han

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 2 cups daily

Therapeutic Rationale: This herbal tea blend is designed to encourage a healthy body composition by supporting an efficient metabolism. The ingredients may also increase thermogenensis, promote breakdown of stored fat for energy, and support optimal blood sugar regulation.

Wellness Stock TEA

Sizes Offered: 4oz, 8oz

Ingredients: Linden leaf & flower, Lemon balm, Ginger, Lemongrass, Licorice, Nettle, Orange peel, Spearmint

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 2 cups daily

Therapeutic Rationale: This blend may promote generalized wellness. The herbs in this blend support overall vitality and have nutritive, uplifting & relaxing qualities.

Yummy Tummy TEA

Sizes Offered: 4oz, 8oz

Ingredients: Chamomile, Fennel, Ginger, Lotus root, Papaya leaf, Peppermint, Cardamom, Lemon Balm, Orange Peel, Marshmallow root

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 2 cups daily

Therapeutic Rationale: These herbs may reduce indigestion, gas, bloating and nausea, as well as decrease stomach spasms and promote relaxation. These ingredients also been known to be soothing to the stomach mucosa.

TONIC STOCK FORMULAS

Anti-Fungal TONIC

Sizes Offered: 4oz, 8oz

Ingredients: Propolis 65%, Propolis Alcohol Free, Spilanthese acmella, Usnea spp., Hydrastis canadensis, Commiphora myrrah, Thuja occidentallis, Momocordia grosvenorii, EO Clove, EO Lavender, EO Rosemary

Recommended Dosing: Use 1 tsp 3-6x daily

Therapeutic Rationale: This product is known to support fungal infections. It contains anti-fungal and anti-microbial ingredients, which may help correct microbiome imbalances.

Bladder TONIC*

Sizes Offered: 4oz, 8oz

Ingredients: Arctostaphylos, Barosma, Hydrangea, Usnea, Agrimonia, Chimaphila, Zea mays, Lomatium, Hydrastis, Thuja, Althea, Gelsemium LOW DOSE, Momordica grosvenorii, EO Sandalwood

Recommended Dosing: Use 1 tsp 3-4x daily

Therapeutic Rationale: This formula is indicated to support irritation, inflammation, infection, pain, or discharge associated with the bladder or urinary tract.

Bone Support TONIC*

Sizes Offered: 4oz, 8oz

Ingredients: Symphytum, Equisetum, Terminalia, Harpagophytum, Arnica montana LOW DOSE, Momordica grosvenorii

Recommended Dosing: Use 1 tsp 3x daily

Therapeutic Rationale: The herbs in this formula have been known to support integrity and strength of bones.

Bowel Calm TONIC*

Sizes Offered: 4oz, 8oz

Ingredients: Arctostaphylos, Barosma, Hydrangea, Usnea, Agrimonia, Chimaphila, Zea mays, Lomatium, Hydrastis, Thuja, Althea, Gelsemium LOW DOSE, Momordica grosvenorii, EO Sandalwood

Recommended Dosing: Use 1/2 - 1 tsp 3x daily

Therapeutic Rationale: May be supportive for diarrhea and inflammatory bowel disease. The ingredients in this formula have antimicrobial + antispasmodic qualities and can sooth + strengthen the digestive tract.

Clear Airways TONIC*

Sizes Offered: 1oz, 2oz

Ingredients: Glycerine, Lobelia inflata LOW DOSE, Symplocarpus foetidus, Scutellaria lateriflora, Actaea racemosa, Commiphora myrrha, Capsicum annuum, Thyme, Inula, EO Peppermint, EO Thyme, EO Oregeno, EO Nutmeg, EO Ginger, EO Myrrh, EO Tea Tree, Manuka Honey

Recommended Dosing: Use 5-10 drops as needed

Therapeutic Rationale: Contains herbs and essential oils that support the respiratory system. This blend is known to help clear phlegm and mucous, relieve cough, and reduce inflammation.

Constipation TONIC*

Sizes Offered: 4oz

Ingredients: Frangula purshiana, Vegetable Glycerine, Rheum, Cinnamomum, Matricaria, Melissa, Hydrastis, Momordica grosvenorii, EO Peppermint, EO Fennel, EO Ginger, Potassium bicarbonate, Polygonum multiflorum, Rheum Palmatum, Corynanthe yohimbe LOW DOSE, Popophyllum peltatum LOW DOSE, Glycyrrhiza glabra

Recommended Dosing: Use 1 tsp 3-6x daily

Therapeutic Rationale: This formula may restore, tone, and support movement of the bowels and may reduce strain and pain associated with constipation.

Flew Away TONIC

Sizes Offered: 2oz, 4oz

Ingredients: Sambucus berry, Propolis, Echinacea, Astragalus, Baptisia, Ginger syrup, Glycyrrhiza, Hyssopus, Lonicera, Sambucus flower, Thuja, Zingiber, Eupatorium, Hydrastis, Usnea, Turska's LOW DOSE, EO Clove, EO Eucalyptus, EO Myrrh, EO Peppermint, EO Ginger, EO Thyme, EO Cinnamon

Recommended Dosing: Use 1/2 tsp 3-6x daily

Therapeutic Rationale: This formula is designed to provide short term support against illness when the immune system is stressed. These herbs can assist the body with naturally defending itself against environmental exposures to harmful organisms.

GB Clear TONIC

Sizes Offered: 4oz, 8oz

Ingredients: Chionanthus, Chelidonium, Taraxacum root, Cynara, Silybum, Peumus, Citrus, Momordica grosvenorii, EO Peppermint, EO Orange

Recommended Dosing: Acute use: 1 tsp 4x daily. Chronic use: 1 tsp tx daily

Therapeutic Rationale: Supports overall gallbladder health and may help break down gall stones, moves bile, and can have a dilating effect & enables smooth passage of debris.

Hemo-Arrest TONIC*

Sizes Offered: 4oz, 8oz

Ingredients: Capsella, Alchemilla, Erigeron-Cinnamon Compound®, Gossypium LOW DOSE, Geranium, Achillea, Hydrastis, Momordica grosvenorii, Vitamin K

Recommended Dosing: 1-2 dropperfuls 4-6x daily

Therapeutic Rationale: This formula was designed to support the stopping of excessive abnormal bleeding, assist with the normal clotting process, platelet aggregation & decrease capillary fragility.

Lymphatic TONIC*

Sizes Offered: 4oz, 8oz

Ingredients: Galium, Ceanothus, Fouquieria, Achillea, Thuja, Scrophularia, Phytolacca LOW DOSE, Zanthoxylum

Recommended Dosing: 1/2 - 1 tsp 2x daily

Therapeutic Rationale: This formula was designed to nourish the lymphatic system, to support movement, drainage and elimination of toxins**.**

Mederi Lung & Bronchial TONIC*

Sizes Offered: 4oz

Ingredients: Ginger syrup, Inula, Verbascum leaf, Prunus, Lobelia LOW DOSE, Scutellaria lat, Actaea, Myrrha, Capsicum LOW DOSE, Thymus, Trifolium, Linguisticum porterii, Aralia cali, Glycyrrhiza, Clear Airways tonic, Manuka honey, EO Peppermint, EO Camphor

Recommended Dosing: 1-2 dropperfuls 4-6x daily

Therapeutic Rationale: The herbs in this formula are known to support healthy lung function, clear breathing, and can be soothing to the respiratory tract.

Mederi Neutralizing Cordial TONIC

Sizes Offered: 1oz, 2oz, 4oz

Ingredients: Vegetable Glycerine, Rheum, Peumus boldo, Cinnamomum, Matricaria, Melissa, Hydrastis, Momordica grosvenorii, EO Peppermint, EO Fennel, EO Ginger, Potassium bicarbonate

Recommended Dosing: 1 dropperful as needed

Therapeutic Rationale: Based on an old Eclectic formula, this blend can support digestive upset, nutrient assimilation, and liver and stomach function.

Mederi Tranquility TONIC

Sizes Offered: 4oz

Ingredients: Passiflora, Zizyphus, Piper meth., Avena, Scutellaria lat., Melissa, Matricaria, Verbena hastata, Pedicularis, Momordica grosvenorii

Recommended Dosing: 2 dropperfuls as needed

Therapeutic Rationale: Blended with herbs that are known to support relaxation, sleep, stress, and overthinking.

Mense-Ease TONIC*

Sizes Offered: 4oz, 8oz

Ingredients: Piscidia, Viburnum prunifolium, Actea, Atropa belladonna LOW DOSE, Angelica sin, Viburnum opulus, Petasites, Caulophyllum, Corydalis yanhusuo, Paeonia, Piper meth, Zingiber, Pulsatilla LOW DOSE, Arnica montana LOW DOSE, Momordica grosvenorii

Recommended Dosing: 1/2 - 1 tsp 2x daily

Therapeutic Rationale: This formula was designed to support healthy menstruation. This blend may assist in moving blood and nourishing blood, promoting drainage, reducing stagnation, relaxing tension, and supporting the liver.

Nausea Not TONIC* (new formulation)

Sizes Offered: 2oz, 4oz, 8oz

Ingredients: Neutralizing cordial, Zingiber, Citrus peel, Condurango, Cola, Asafetida, Lo han, EO Orange, EO Ginger, EO Lemon, EO Fennel

Recommended Dosing: 1-3 dropperfuls in water as needed

Therapeutic Rationale: This formula is known to reduce nausea and digestive upset from a variety of causes.

Ova Clear TONIC*

Sizes Offered: 4oz, 8oz

Ingredients: Aloe juice, Ceanothus, Vitex, Fouquieria, Nymphaea, Chionanthus, Angelica sin., Medicago, Phytolacca LOW DOSE, Iris, Fucus, Achillea, Zingiber, Collinsonia, Cinnamomum, Gelsemium LOW DOSE, Bryonia LOW DOSE, Aconitum LOW DOSE, Momordica grosvenorii, Potassium iodide

Recommended Dosing: 1 tsp 3x daily

Therapeutic Rationale: This formula may support fluid on the ovaries or infection from ruptured cysts. It may support healthy lymphatic drainage, particularly in the pelvic and groin area.

Saliva Flow Spray TONIC*

Sizes Offered: 2oz, 4oz

Ingredients: Aloe juice, Calendula oil, Xanthoxylum, Echinacea, Glycyrrhiza, Coleus, Spilanthes, Pilocarpus jaborandi LOW DOSE, Momordica grosvenorii, Zinc, Vit A, Vit E, Sea Buckthorn Oil, EO Clove, EO Fennel, EO Peppermint

Recommended Dosing: Spray in mouth4-6x daily, or as needed

Therapeutic Rationale: This formula is designed to help increase the production of saliva from the salivary glands for those with dry mouth.

Pleurisy Effusion TONIC*

Sizes Offered: 4oz, 8oz

Ingredients: Mederi Lung & Bronchial tonic, Asclepias, Urginea LOW DOSE, Inula, Cordyceps, Bryonia LOW DOSE, Ceanothous, Arctium seed, Convallaria LOW DOSE, Arjuna, Crateagus, Urtica leaf and seed, Coleus, EO Thyme

Recommended Dosing: 1 tsp 3-4x daily

Therapeutic Rationale: This formula is designed to support lymphatic drainage, and to assist in reducing fluid in the lungs**.**

Sinus Clear TONIC*

Sizes Offered: 4oz, 8oz

Ingredients: Euphrasia officinalis, Sambucus flower, Hydrastis, Eriodictyon, Matricaria recutita, Lobelia inflata LOW DOSE

Recommended Dosing: 10-20 drops in water 3-4x daily

Therapeutic Rationale: This product may support the opening and drainage of the sinus cavity, and promote healthy mucous membranes**.**

Sleep-N-Ease TONIC

Sizes Offered: 2oz, 4oz, 8oz

Ingredients: Avena, Passiflora, Kava Extract Powder, Piper, Pedicularis, Scutellaria lat., Valeriana, Humulus, Zizyphus, Matricaria, Lavendula, Zingiber, Lo han, EO Chamomile, EO Lavender, EO Orange, EO Nutmeg

Recommended Dosing: 1-4 dropperfuls before bed

Therapeutic Rationale: This product was formulated to promote a restful sleep and general relaxation, soothe the central nervous system, reduce stress, assist with relaxation, and promote restful sleep.

Soothing Mouth Spray TONIC*

Sizes Offered: 2oz, 4oz

Ingredients: Silvercillin, Aloe juice, Calendula succus, Propolis alcohol free, Glycyrrhiza, Symphytum, Althea, Croton, Arnica LOW DOSE, Momordica grosvenorii, Hydrastis, Zinc, Vit A, EO Myrrh, EO Clove, EO Fennel

Recommended Dosing: Spray in mouth several times throughout the day

Therapeutic Rationale: This product is formulated to provide support for those with inflammation, irritation of the mucous membrane of the mouth and upper digestive tract.

Stone Breaker TONIC*

Sizes Offered: 4oz, 8oz

Ingredients: Hydrangea, Phyllanthus, Rubia, Eupatorium purpureum, Zea, Phylanthus niruri, Ammi, Chimaphila, Equisetum, Plantago, Crataeva, Belladonna LOW DOSE, Momordica grosvenorii, Vitamin K, EO Lemon

Recommended Dosing: 2-4 dropperfuls 4-6x daily

Therapeutic Rationale: This formula contains a blend of herbal extracts that can support optimal urinary tract function. The ingredients are known to stimulate urine flow, have antimicrobial, antispasmodicn and pain-relieving qualities, and discourage the formation of calcium oxalate crystals.

Super Kava TONIC

Sizes Offered: 2oz, 4oz

Ingredients: Kava extract power, Piper meth. tincture

Recommended Dosing: 1-2 dropperfuls at night

Therapeutic Rationale: Kava may support sleep, stress and anxiety.

T-Down TONIC

Sizes Offered: 2oz, 4oz, 8oz

Ingredients: Leonurus, Lycopus, Gromwell, Melissa

Recommended Dosing: 1/2 - 1 tsp 3-4x daily

Therapeutic Rationale: This formula contains a blend of herbal extracts that support healthy thyroid function.

Tick Tonic TONIC*

Sizes Offered: 4oz, 8oz

Ingredients: Smilax, Corydalis, Ceanothus, Echinacea, Guaiacum, Stillingia, Scrophularia, Baptisia, Phytolacca LOW DOSE, Thuja, Artemisia absinthium, Propolis, Mahonia, Plantago, Isatis, Hydrastis, Podophyllum LOW DOSE, Arctium seed, Zingiber, Potassium Iodine drops

Recommended Dosing: 1/2 - 1 tsp 2-4x daily

Therapeutic Rationale: This product was formulated to support Lyme disease. The ingredients are anti-microbial that support lymphatic movement and drainage.

Tummy TONIC

Sizes Offered: 2oz, 4oz, 8oz

Ingredients: Matricaria, Melissa, Zingiber, Lo han, EO Peppermint, EO Fennel

Recommended Dosing: 1-2 dropperfuls with meals

Therapeutic Rationale: These herbs may reduce indigestion, gas, bloating and nausea, as well as decrease stomach spasms and promote relaxation.

U-Cleanse TONIC

Sizes Offered: 4oz, 8oz

Ingredients: Urtica seed, Apium seed, Harpagophytum, Filipendula, Chimaphila, Juniperus berry, Arctium seed, Barosma, Momordica grosvenorii

Recommended Dosing: 1 tsp 2-4x daily

Therapeutic Rationale: This formula is designed to support the kidneys, and can provide relief to joint pain and inflammation associated with gout.

U-Heal TONIC

Sizes Offered: 1oz, 2oz, 4oz

Ingredients: Propolis 65%, Croton, Echinacea, Calendula succus, Symphytum, Manuka Honey, Hydrastis, Nigella oil, EO Cinnamon, EO Clove, EO Lavender, EO Myrrh, EO Tea Tree

Recommended Dosing: 2 dropperfuls 3x daily

Therapeutic Rationale: Known as a broad spectrum anti-microbial and wound healer. This product can be taken internally or used topically by applying a couple drops to the wound and blow drying to seal like a band-aid.

U-Heal L/A TONIC

Sizes Offered: 1oz, 2oz, 4oz

Ingredients: Propolis alcohol free, Croton, Echinacea, Calendula succus, Symphytum, Manuka Honey, Hydrastis, Nigella oil, EO Cinnamon, EO Clove, EO Lavender, EO Myrrh, EO Tea Tree

Recommended Dosing: 2 dropperfuls 3x daily

Therapeutic Rationale: Known as a broad spectrum anti-microbial and wound healer. This product can be taken internally or used topically by applying a couple drops to the wound and blow drying to seal like a band-aid.

Under Pressure TONIC*

Sizes Offered: 4oz & 8oz

Ingredients: Crataegus, Coleus, Ganoderma, Terminalia, Tilia, Ammi, Rauwolfia LOW DOSE, Viscum LOW DOSE, Vinca, Achillea, Taraxacum leaf, Momordica grosvenorii

Recommended Dosing: 1 tsp 2x daily

Therapeutic Rationale: This tonic contains a blend of herbal extracts that can strengthen and regulate the cardiovascular system and help maintain a healthy blood pressure.

Uterine Clear TONIC*

Sizes Offered: 4oz, 8oz

Ingredients: Fraxinus, Vitex, Nymphaea, Ceanothus, Phytolacca LOW DOSE, Fouquieria, Fucus, Iris/Blue Flag, Angelica sin., Paeonia, Bupleurum, Momordica grosvenorii, Potassium Iodide, Cinnamomum

Recommended Dosing: 1 tsp 2-3 daily

Therapeutic Rationale: The ingredients in this formula support a healthy hormonal balance, promote lymphatic movement and drainage, promotes circulation, tonify and strengthen the uterus.

TOPICAL STOCK FORMULAS

Aromatic Shea TOPICAL

Sizes Offered: 1oz, 2oz

Ingredients: Shea Butter, Calendula Oil, EO Peppermint, EO Eucalyptus, EO Camphor, Nigella SCFE, EO Lavender, EO Tea Tree, EO Ginger, EO Nutmeg

Recommended Use: Apply to nasal, chest, or throat 1-3x daily

Therapeutic Rationale: Formulated as a Vick's VapoRub alternative. Can be used to support congestion and infection.

Bloodroot Turmeric Cream TOPICAL

Sizes Offered: 1oz, 2oz

Ingredients: Melazapam®, Shea butter, DMSO gel, Turmeric, Bloodroot, Chaparral, HonoPure®, InflamAway™, Phyto-Cyto™, BiAloe®, EO Frankincense, Squalane, Yew, Thuja, Vit A, EO Birch, EO Sandalwood, Zinc Plus®, EO Birch

Recommended Use: Apply to the area 1-2x daily for 1-2 weeks. Keep it covered with a band aid during this time. Then take a week off. During the week off you should begin to notice skin sloughing off. You can help peel it off as well. After the week off, you can apply again for one more week if necessary.

Therapeutic Rationale: This product was formulated for external application to nonmalignant, pre-malignant and malignant basal and squamous cell skin growths.

Cool Ease Cream TOPICAL

Sizes Offered: 1oz, 2oz, 4oz

Ingredients: Calendula Cream, Silvercillin Gel™, Aloe Gel, Calendula succus, Propolis A/F, Dragon's Blood, Comfrey, Throat & Gland™, Manuka Honey, Oil of Anointment®, Vit E Oil, Sea Buckthorn Oil, Vit A myc., Zinc Sulfate, BiAloe®, EO Lavender, EO Blue Chamomile, EO Helichrysum

Recommended Use: Apply 2-3x daily

Therapeutic Rationale: This product was created for external application to areas after undergoing radiation. It can be applied several times per day. It is known to soothe inflammation, reduce redness & pain and promote healing.

Fun-G Fighter Cream TOPICAL

Sizes Offered: 1oz, 2oz, 4oz

Ingredients: Anti-FungalBaseCream®, Throat & Gland™, EO TeaTree, Propolis, Usnea, EO Lavender, EO Rosemary, EO Clove, EO Blue Chamomile

Recommended Use: Apply 2-3x daily

Therapeutic Rationale: This formula was designed to provide support against fungal infections.

Hair Formula TOPICAL

Sizes Offered: 1oz, 2oz, 4oz

Ingredients: Base Cream®, Saw Palmetto, Nigella oil, Pumpkin Seed Oil, Jojoba Oil, Jujube, DMSO liquid, Cayenne, Sunflower Lecithin, Lanolin, Schisandra, Xanthoxylum, Jaborandi, Thuja, EO Peppermint, EO Bay leaf, EO Rosemary, EO Pepper, EO Nutmeg

Recommended Use: Apply 2-3x daily

Therapeutic Rationale: This product is formulated to support the reduction and prevention of hair loss.

Healing Cream TOPICAL

Sizes Offered: 1oz, 2oz, 4oz

Ingredients: Calendula Cream, Comfrey Cream, U-Heal L/A, BiAloe powder®, Sea Buckthorn Oil, Vitamin E Oil, Vitamin A, Zinc

Recommended Use: Apply 2-3x daily

Therapeutic Rationale: This formula is anti-infectiousand can support tissue healing.

LymFlow Lotion TOPICAL

Sizes Offered: 1oz, 2oz, 4oz

Ingredients: Base Cream®, Poke Oil Plus, St. John's Wort Oil, Arnica montana, EO Bay Laurel, EO Cypress, EO Ginger, EO Grapefruit, EO Rosemary, A-Mulsion®, DMSO gel

Recommended Use: Apply 2-3x daily

Therapeutic Rationale: This product is designed to support lymphatic movement and drainage.

Neuro-Relief Lotion TOPICAL

Sizes Offered: 1oz, 2oz, 4oz

Ingredients: Base Cream®, St. John's Wort Oil, Black Cumin Seed Oil, Magnesium gel, Gotu Kola Oil, Cayenne, Aconite, DMSO gel, Vit E Oil, EO Bay Laurel, EO Nutmeg, EO Black Pepper, EO Rosemary, EO Wintergreen, EO Clove

Recommended Use: Apply as needed

Therapeutic Rationale: This formula was created to support neuropathy, or any other pain associated with the nerves.

Oil of Anointment 10ml TOPICAL

Sizes Offered: 10ml

Ingredients: EO Frankincense, EO Lavender, EO Holy Basil, EO Sandalwood, EO Spikenard, EO Myrrh, EO Nutmeg, EO Rose, St. John's Wort Oil, Shea Butter, Beeswax, DMSO liquid

Recommended Use: Massage a small amount of Oil of Anointment to an area of the body that needs healing, as well as hands, feet, and/or forehead with prayers and sacred intent.

Therapeutic Rationale: Oil of Anointment is a blend of sacred essential oils for blessing, healing & protection. When used for the sick, suffering and ascending, the act of anointing is called the Sacred Mystery of Unction.

Oak & Ivy Cream TOPICAL

Sizes Offered: 2oz, 4oz

Ingedients: Witch Hazel, Soothing Oak & Ivy Compound™, Aloe Vera Gel, Silvercillin Gel™, Bentonite Clay, Witch hazel, Dragons blood, Echinacea, Goldenseal, BiAloe Powder®, Xanthan Gum, EO Lavender, EO Tea Tree

Recommended Use: Apply 2-3x daily. Can be mixed with bentonite clay and made into a paste with water.

Therapeutic Rationale: This product is formulated to provide relief from and shorten the duration of symptoms and inflammation associated with poison oak, ivy, or sumac outbreaks.

Poke Oil Plus TOPICAL

Sizes Offered: 1oz, 2oz, 4oz

Ingredients: Phytolacca/Poke Oil,Squalane, Arnica oil, St. John's Oil, DMSO, Vitamin E Oil, EO Lavender, EO Rosemary, EO Frankincense, EO Rose Geranium

Recommended Use: Apply 1-2x daily with heat

Therapeutic Rationale: This formula was designed for transdermal application to support lymphatic movement and drainage. It is useful for any conditions in which lymphatic support is indicated, such as breast health.

Renew Essential Oil

Sizes Offered: 10mL

Ingredients: EO Tea Tree, EO Eucalyptus, EO Clove, EO Thyme, EO Sweet Orange, EO Lavender, EO Rosemary, EO Lemongrass, EO Cinnamon, EO Myrrh, EO Oregano, EO Nutmeg, EO Black Pepper

Recommended Use: Use as needed

Therapeutic Rationale: These potent essential oils, meant to be used in a diffuser or used topically, are formulated to support bacterial, viral, and fungal disturbances. The aroma of this blend is pleasant, and promotes protection, cleansing, and relaxation.

Sacred T Ointment TOPICAL

Sizes Offered: 1oz, 2oz, 4oz

Ingredients: Cocoa butter, Phyto-Cyto™, EO Frankincense, Poke Oil Plus, Black Cumin, Larrea/ Chapparal, DMSO gel, Thuja oil, Sage (Ursolic acid), BiAloe® powder, Aloe Gel, Beeswax, Vit A

Recommended Use: Apply to affected area 2-3x daily

Therapeutic Rationale: This is a formula is designed for transdermal application over tumor sites. The ingredients of this formula can activate cellular defense mechanisms to promote normal cell function and enhance immune and inflammation responses.

Scar Lotion TOPICAL

Sizes Offered: 2oz, 4oz

Ingredients: Poke Oil Plus, Calendula Cream, Vit E Oil, Calendula Oil, EO Bay Laurel, EO Cypress, EO Frankincense, EO Ginger, EO Grapefruit

Recommended Use: Massage 2x daily to area. Do not apply to broken skin.

Therapeutic Rationale: This product can support healthly blood, lymph & oxygen movement to a scarred area so that the tissue can remodel in a more organized manner.

Skin Protect TOPICAL

Sizes Offered: 1oz, 2oz, 4oz

Ingredients: Comfrey Cream, Calendula Cream, Shea Butter, Squalane, Calendula Oil, Vegetable Glycerin, Cocoa Butter, Sunflower Lecithin, Vit E Oil, Vital Adapt, Lanolin, Rosemary, Green Tea, Turmeric, Xanthum gum, Rose Hip Seed Oil, Sea Buckthorn Oil, Milk Thistle, Sage, Centella, Bentonite clay, Vit A, CoQ 10, Propolis, EO Lemongrass, EO Frankincense, EO Helichrysum, EO Lavender, EO Rosemary, EO Blue Chamomille, EO Helichyrsum, EO Bay Laurel

Recommended Use: Apply pre and post burn. Use 2-3x daily

Therapeutic Rationale: This formula is known to moisten the skin and protect from oxidative sun damage caused by UV radiation. It also supportive to the skin from other causes oxidative damage and aging.

Soothing Cream TOPICAL

Sizes Offered: 1oz, 2oz, 4oz

Ingredients: Antiseptic Cream, Comfrey Cream®, Calendula oil, Aloe gel, BiAloe® powder, Gotu Kola oil, Jojoba oil, Lanolin, Propolis, Sea Buckthorn oil, Licorice, Comfrey, Squalane oil, Vit E oil, Vit A, Vit D, EO Blue Chamomile, EO Lavender, EO Tea Tree

Recommended Use: Apply to affected area 2-3x daily

Therapeutic Rationale: This product was formulated to support inflammatory skin conditions such as eczema, psoriasis, dermatitis and skin rashes.

Thuja Compound TOPICAL

Sizes Offered: 1oz

Ingredients: Thuja, Celandine, Cayenne, DMSO, EO Tea Tree, EO Wintergreen

Recommended Use: Mix a few drops with crushed aspirin to make a paste. Apply to area, cover with band-aid. Use 2x daily.

Therapeutic Rationale: This product is known to support warts.

Trauma Gel TOPICAL

Sizes Offered: 2oz, 4oz

Ingredients: Herbal Ice, Arnica Oil, Aloe gel, DMSO gel, St. John's Wort oil, Aconite, Capsicum/Cayenne, Willow, Arnica, Belladonna, Piper Kava, Comfrey, EO Birch, EO Frankincense, EO Wintergreen, EO Rosemary, EO Clove, EO Peppermint, EO Eucalyptus, Xanthan Gum

Recommended Use: Apply 2-3x daily

Therapeutic Rationale: This formula is indicated for neuromuscular pain and inflammation of the joints, tendons and muscles, as well as for other musculoskeletal degenerative conditions.

V Cream TOPICAL

Sizes Offered: 1oz, 2oz

Ingredients: Ostaderm-V Cream™, Shea butter, Vit E oil, Shatavari, Squalane, Milky Oats, Calendula oil, Black Cohosh, Jaborandi, Vit A, EO Clary Sage, EO Lavender

Recommended Use: Apply 1x daily for 2 weeks

Therapeutic Rationale: This is an external topical designed to support relief for irritation associated with vaginal dryness. It contains herbal constituents that encourage healthy hormonal balance in the vagina.

Vain Cream TOPICAL

Sizes Offered: 2oz

Ingredients: Witch Hazel Cream, Aloe gel, Witch Hazel, Vit E oil, Vit K, EO Bay Laurel, EO Cypress, EO Grapefruit

Recommended Use: Apply to area 2x daily

Therapeutic Rationale: This product was designed to support tonification of the veins and capillaries. The ingredients can support vascular movement, drainage & tonification, while reducing permeability by tightening the endothelial mesh of the capillary walls.

SALVE STOCK FORMULAS

Artemis PLUS SALVE

Sizes Offered: 15ct = 2oz, 30ct = 4oz

Ingredients: Cocoa butter, Artemis Plus®, Butyric acid, BiAloe®, Aloe Gel

Recommended Use: Use 1-2x daily

Therapeutic Rationale: This product is designed to provide support for those with colorectal, liver, or GYN cancer.

Artemis PLUS PhytoCyto Combo SALVE

Sizes Offered: 15ct = 2oz, 30ct = 4oz

Ingredients: Cocoa butter, Phyto-Cyto™, Artemis Plus®, Butyric Acid, Thuja, Bloodroot, BiAloe®, Aloe Gel, Vit A

Recommended Use: Use 1-2x daily

Therapeutic Rationale: This product is designed to provide support for those with colorectal, liver, or GYN cancer.

BV SALVE

Sizes Offered: 15ct = 2oz, 30ct = 4oz

Ingredients: Cocoa butter, Coconut Oil, Calendula Oil, Marshmallow powder, Goldenseal, Usnea tincture, EO Thyme, EO Lavender, EO Tea Tree

Recommended Use: Use 1-2x daily

Therapeutic Rationale: This product contains herbal extracts that can offer relief of itching, swelling, and discomfort associated with vaginosis.

CVX SALVE

Sizes Offered: 15ct = 2oz, 30ct = 4oz

Ingredients: Cocoa butter, Phyto-Cyto™, Artemis Plus®, Throat & Gland™, Thuja, Squalane, Chaparral, Mayapple, BiAloe®, Vit A, Sunflower Lecithin, Marshmallow Root Powder

Recommended Use: Use 1-2x daily

Therapeutic Rationale: This formula is know to support HPV, cervical dysplasia, cervical cancer and herpes infections.

Hem-Tone SALVE

Sizes Offered: 15ct = 2oz, 30ct = 4oz

Ingredients: Cocoa butter, Coconut oil, Stone root, Calendula Oil, Gotu Kola Oil, Marshmallow Root Powder, Red root, Witch Hazel Tincture, U-Heal A/F, Vitamin E Oil, EO Lavender, EO Blue Chamomile

Recommended Use: Use 1-2x daily

Therapeutic Rationale: This product contains herbal extracts that can support for itching, swelling, pain, and discomfort associated with hemorrhoids.

Meno Moist SALVE

Sizes Offered: 15ct = 2oz, 30ct = 4oz

Ingredients: Cocoa butter, Coconut Oil, Calendula Oil, Squalane Oil, Marshmallow Root Powder, Maca Root Powder, Shatavari, Black Cohosh, Vitamin E Oil, EO Lavender, DHEA

Recommended Use: Use 1-2x daily

Therapeutic Rationale: This formula was designed to provide support for irritation associated with vaginal dryness. The ingredients have qualities that can be lubricating, anti-inflammatory and soothing to the vaginal tissue, as well as support the vaginal lining and elasticity.

PhytoCyto PLUS SALVE

Sizes Offered: 15ct = 2oz, 30ct = 4oz

Ingredients: Cocoa Butter, Phyto-Cyto™, Thuja, Bloodroot, Vit A

Recommended Use: Use 1-2x daily

Therapeutic Rationale: This product is designed to provide support for those with colorectal, cervical or other cancers of the same region. It allows for application closer to the site of the tumor than ingestion alone.

MEDERI
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SECTION 2

SINGLE INGREDIENTS FOR COMPOUNDING & DISPENSING

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MEDERI CENTER
Wholistic Health and Healing
Patient Care | Research | Education

Bulk Tonics List 2024

* Glycerines will be highlighted in red *

Formulas by Clinical Master Herbalist Donnie Yance, CN, MH, RH (AHG)

These tonics have been selected and sourced by an expert in the field of botanical medicine with decades of clinical experience, and are available through Mederi Center's Apothecary.

Latin Name	Common Name	Plant Part
Achillea millefolium	Yarrow	leaf & flower
Achillea millefolium Glycerite	Yarrow Glycerite	leaf & flower
Acorus calamus	Calamus Root, Sweet Flag	root
Actaea racemosa	Black Cohosh	root
Aesculus hippocastanum	Horse Chestnut	nut
Agrimonia spp	Agrimony	flowering tops
Albizzia lebbek	Mimosa tree, Silk tree	bark
Alchemilla vulgaris	Lady's Mantle	aerial
Althaea officinalis	Marshmallow	root
Ammi visnaga	Khella	fruit
Andrographis paniculata	Andrographis	aerial
Anemopsis californica	Yerba Mansa	root
Angelica archangelica	Angelica	root
Angelica sinensis	Dong Quai	root
Apium graveolens	Celery	seed
Aralia californica	Spikenard	root
Aralia nudicaulis	Wild Sarsaparilla	root
Arctium lappa ROOT	Burdock	root
Arctium lappa SEED	Burdock	Seed
Arctostaphylos uva-ursi	Uva Ursi, Bearberrry	leaf
Asclepias tuberosa	Pleurisy root	root
Asparagus racemosus	Shatavari	root
Astragalus membranaceus	Astragalus	root
Atractylodes macrocephala	Atracylodes	root

Latin Name	Common Name	Plant Part
Avena sativa	Oats, Milky oats	milky seed
Avena sativa Glycerite	Oats, Milky oats Glycerite	milky seed
Bacopa monniera	Bacopa	aerial
Baptisia tinctoria	Wild Indigo	root
Barosma betulina	Buchu	leaf
Boswellia serrata	Frankincense	resin
Bupleurum falcatum	Bupleurum	root
Calendula officinalis	Calendula	flower
Calendula officinalis JUICE	Calendula succuss	flower juice
Camellia sinensis	Green Tea	leaf
Campotheca acuminata	Chinese Happy Trea	seed
Capsella bursa-pastoris	Shepherd's Purse	leaf & flower
Ceanothus americanus	Red Root	root
Centella asiatica	Gotu Kola	whole plant
Chelidonium majus	Greater Celandine	whole plant
Chimaphila umbellata	Pipsissewa; Prince's Pipe	whole plant
Chionanthus virginica	Fringe Tree	root bark
Chrysanthemum grandiflorum	Chrysanthemum	flower
Cinnamomum zeylanicum	Cinnamon	bark
Citrus reticulata	Orange	peel
Cola acuminata	Kola	seed
Coleus forskohlii	Coleus	root
Collinsonia canadensis	Stone Root	whole plant
Commiphora mukul	Guggul	resin
Commiphora myrrha	Myrrh	resin
Coptis chinensis	Coptis	root
Cordyceps sinensis	Cordyceps	mycelium
Corydalis yanhusuo	Corydalis	rhizome
Crataegus spp	Hawthorn	leaf, flower, fruit
Crataeva nurvala	Three-Leaf Caper Bark	bark
Croton lechleri	Dragon's Blood	sap
Cryptolepis sanguinolenta	Cryptolepis	root
Curcuma longa	Turmeric	rhizome
Cynara scolymus	Artichoke	leaf
Dioscorea villosa	Wild Yam	root

Latin Name	Common Name	Plant Part
Echinacea combo: E. angustifolia, E. pallida, E. purpurea	Echinacea	root & flower
Eletaria cardamomum	Cardamon	seed
Eleutherococcus senticosus	Siberian Ginseng, Eleuthero	root
Epimedium koreanum	Horny Goat Weed	aerial
Equisetum arvense	Horsetail	aerial
Eriodictyon californicum	Yerba Santa	leaf
Eschscholtzia californica	California Poppy	aerial
Eupatorium perfoliatum	Boneset	flowering tops
Eupatorium purpureum	Gravel Root	root
Euphrasia officinalis	Eyebright	flowering tops
Ferula Assa-foetida	Foetida	resin
Filipendula ulmaria	Meadowsweet	flowering tops
Foeniculum vulgare	Fennel	seed
Fouquieria splendens	Ocotillo	bark
Frangula purshiana	Cascara Sagrada	bark
Fraxinus americana	White Ash	bark
Fucus vesiculosus	Bladderwrack	seaweed
Galega officinalis	Goat's Rue	aerial
Galium aparine	Cleavers	aerial
Galium aparine Glycerite	Cleavers Glycerite	aerial
Ganoderma sinensis	Reishi	fungus
Geranium maculatum	Wild Geranium; Cranesbill	root
Ginkgo biloba	Ginkgo	leaf
Glycyrrhiza glabra	Licorice	root
Grindelia spp.	Grindelia; Gumweed	aerial
Guaiacum officinale	Guaiac	Resin
Gymnema sylvesstre	Gymnema; Gurmar	leaf
Hamamelis virginiana	Witch Hazel	bark
Harpagophytum procumbens	Devil's Claw	tuber
Hericium erinaceus	Lion's Mane	fungus
Humulus lupulus	Hops	strobiles
Hydrangea arborescens	Hydrangea	root
Hydrastis canadensis	Goldenseal	root

Latin Name	Common Name	Plant Part
Hypericum perforatum Glycerite	St. John's Wort Glycerite	flowering tops
Hypericum perforatum	St. John's Wort	flowering tops
Hyssopus officinalis	Hyssop	flowering tops
Inonotus obliquus	Chaga	fungus
Inula helenium	Elecampane	root
Iris versicolor	Blue flag	root
Isatis tinctoria	Isatis, Woad	root
Juglans nigra	Black Walnut	hull
Juniperus communis	Juniper	fruit
Lactuca serriola	Wild Lettuce	leaf
Larrea tridentata	Chaparral, Creosote Bush	leaf & flower
Lavandula officinalis	Lavender	flower
Leonurus cardiaca	Motherwort	leaf
Leptandra virginica	Culver's Root	root
Ligusticum porteri	Osha	root
Ligustrum lucidum	Ligustrum	fruit
Lithospermum ruderale	Stoneseed, Gromwell	root
Lobaria pulmonaria	Lungwort	lichen
Lomatium dissectum	Biscuit root, Lomatium	root
Lonicera japonica	Honeysuckle	flower
Lycopus virginicus	Bugleweed	flowering tops
Mahonia aquifolium	Oregon Grape Root	root
Marsdenia cundurango	Condurango	bark
Matricaria recutita Glycerite	Chamomile Glycerite	flower
Medicago sativa	Alfalfa	Leaf
Melissa officinalis	Lemon Balm	leaf
Melissa officinalis Glycerite	Lemon Balm Glycerite	leaf
Mitchella repens	Squaw Vine, Partridge Berry	aerial
Momordica charantia	Bitter Gourd, Bitter Melon	fruit
Momordica grosverorii	Monk Fruit	fruit
Montropa uniflora	Indian Pipe	whole plant
Mucuna pruriens	Velvet Bean	seed
Myrica cerifera	Bayberry, Wax Myrtle	bark
Nepeta cataria Glycerite	Catnip Glycerite	leaf
Nymphea odorata	American White Water Lily	rhizome
Ocimum sanctum	Holy Basil	leaf
Olea europea	Olive	leaf

Latin Name	Common Name	Plant Part
Oplopanax horridus	Devil's Club	root bark
Paeonia lactiflora	White Peony	root
Panax quinquefolius	American Ginseng	root
Panax ginseng	Red Ginseng	root
Parietaria officinalis	Pellitory of the Wall	aerial
Passiflora incarnata	Passion Flower	aerial
Pedicularis rasemosa	Sickletop Betony	aerial
Petasites palmatus	Butterbur	herb
Peumus boldo	Boldo	leaf
Phyllanthus amarus	Stonebreaker	aerial
Piper methysticum	Kava	rhizome & root
Piscidia piscipula	Jamaican Dogwood	bark
Plantago major	Plantain	leaf
Polygonum multiflorum	Fo Ti	root
Polygonatum biflorum	Solomon's Seal	root
Poria cocos	Tuckahoe	fungus
Propolis	Propolis, Bee Resin	resin
Propolis 65%	Bee Resin	resin
Propolis A/F	Bee Resin	resin
Prunella vulgaris	Self-Heal; Heal-All	flowering tops
Prunus serotina	Wild Cherry	bark
Ptychpetalum olacoides	Muira puama	bark
Rehmannia glutinosa PREPARED	Rehmannia, Prepared	root
Rehmannia glutinosa RAW	Rehmannia, Raw	root
Rheum palmatum	Turkey Rhubarb	root
Rhodiola rosea	Arctic Rose Root	root
Rosa damascena	Rose	flower
Rosmarinus officinalis	Rosemary	leaf
Rubia tinctoria	Madder	root
Rubus fruticosus	Blackberry	root
Rubus idaeus	Raspberry	leaf
Rumex crispus	Yellow Dock	root
Ruscus aculeatus	Butcher's Broom	aerial
Salix spp.	Willow	bark
Salvia miltiorrhiza SALVIA MILT.	Chinese Salvia	root
Salvia officinalis SALVIA OFF.	Common Sage	leaf

Latin Name	Common Name	Plant Part
Sambucus nigra BERRIES	Elderberry	fruit
Sambucus nigra BERRIES Glycerine	Elderberry Glycerite	fruit
Sambucus nigra FLOWERS	Elder	flowers
Sanguinaria canadensis	Bloodroot	root
Schisandra chinensis	Schisandra	berry
Scrophularia nodosa	Figwort	flowering tops
Scutellaria baicalansis	Chinese or Baical Skullcap	root
Scutellaria lateriflora	Skullcap	leaf and flower
Selenicereus grandiflorus	Night-blooming cereus	stem
Serenoa repens	Saw Palmetto	fruit
Silybum marianum	Milk Thistle	seed
Smilax regelii	Sarsaparilla	root
Solidago spp.	Goldenrod	flowering tops
Spilanthes acmella	Spilanthes, Toothache Plant	flowering tops
Stillingia silvatica	Stillingia	root
Symphytum officinale	Comfrey, Knit-bone	root
Syzygium jambolana	Jambolan	seed
Tabebuia impetiginosa	Pau d'Arco, Lapacho, Taheebo	inner bark
Taraxacum officinale LEAF	Dandelion leaf	leaf
Taraxacum officinale ROOT	Dandelion root	root
Taxus brevifolia	Pacific Yew	bark and leaf
Terminalia arjuna	Arjuna	bark
Thuja occidentalis	Thuja, Cedar	leaf
Thymus vulgaris	Thyme	leaf
Tilia spp	Linden; Lime Tree	flower with bract
Tribulus terristris	Puncture Vine, Goat's Head	aerial
Trifolium pratense	Red Clover	flower and leaf
Trigonella foenum-graecum	Fenugreek	seed
Turnera diffusa var. aphrodisiaca	Damiana	leaf
Uncaria tomentosa	Cat's Claw	bark
Urtica dioica LEAF	Stinging Nettle leaf	leaf
Urtica dioica ROOT	Stinging Nettle root	root
Urtica dioica SEED	Stinging Nettle seed	seed
Usnea spp.	Usnea; Old Man's Beard	lichen
Vaccinium myrtillus	Billberry	Leaf/Berry
Valeriana officinalis	Valerian	fresh root

Latin Name	Common Name	Plant Part
Verbascum thapsus LEAF	Mullein leaf	leaf
Verbena hastata	Blue Vervain	flowering tops
Viburnum opulus	Cramp Bark	bark
Viburnum prunifolium	Black Haw	bark
Vinca major	Periwinkle	leaf and flower
Viola sororia	Violet	leaf
Vitex agnus-castus	Chaste Tree	fruit
Withania somnifera	Ashwaganda	root
Yucca elata FLOWER	Yucca flower	flowers
Zanthoxylum clava-herculis	Prickly Ash	bark
Zea Mays	Corn Silk	style & stigma
Zingiber officinale	Ginger	rhizome
Zizyphus spinosa	Zizyphus	seed

Bulk Tonic Formulas

Product Name	Ingredients
Dan Zhi Xio Yao San	Bupleurum falcatum Root and Paeonia laterifora Root
Phyto-Cyto™	Pacific Yew (Taxus brevifolia) Leaf and Bark, Madagascar Periwinkle (Catharanthus roseus) Aerial, Camptotheca acuminata Seed., Mistletoe (Viscum album) Thallus, Paw Paw (Asimina triloba) Seed and Bark, Poke (Phytolacca americana) Root, May Apple (Podophyllum peltatum) Root, Luo Han Guo (Siraitia grosvenorii) Fruit, Ginger
Power Adapt®	Eleutherococcus senticosus Root, Schisandra chinensis Berry, Ashwagandha (Withania somnifera) Root, Panax ginseng Root, Rhaponticum carthamoides Root, Rhodiola rosea Root, Pantocrine (Cervus elaphus), American Ginseng (Panax quinquefolius) Root, Cordyceps
Vital Adapt®	Eleutherococcus senticosus Root, Schisandra chinensis Berry, Fresh Ashwagandha (Withania somnifera) Root, Rhodiola rosea Root, American Ginseng (Panax quinquefolius) Root, Rosehip (Rosa canina) Fruit, Reishi Mushroom (Ganoderma lucidum), Cordyceps (Cordyceps sinensis) Mycelium, Hawthorn (Crataegus laevigata or monogyna) Leaf, Flower and Berry, Turmeric (Curcuma longa) Root, Green Tea (Camellia sinensis) Leaf 95% Polyphenols, Elderberry (Sambucus nigra) Fruit, Licorice

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Bulk Tonics List 2024

Low-Dose Category / Use with Care

Formulas by Clinical Master Herbalist Donnie Yance, CN, MH, RH (AHG)

These tonics have been selected and sourced by an expert in the field of botanical medicine with decades of clinical experience, and are available through Mederi Center's Apothecary.

Latin Name	Common Name	Plant Part
Aconitum napellus	Aconite, Monkshood	root
Armoracia rusticana	Horseradish	root
Arnica montana	Arnica	flower
Atropa belladonna	Belladonna, Deadly Nightshade	aerial
Bryonia dioica	Bryony	root
Capsicum annuum	Cayenne	fruit
Catharanthus roseus	Madigascar Periwinkle	aerial
Colchicum autumnale	Autumn Crocus	corm
Convallaria majalis	Lily of the Valley	aerial
Corynanthe yohimbe	Yohimbe	bark
Cytisus scoparius	Scotch Broom	herb & flower
Gelsemium sempervirens	Yellow Jasmine	root/ rhizome
Gossypium herbaceum	Cotton root	root bark
Hyoscyamus niger	Henbane	aerial
Lobelia inflata	Lobelia	herb & seed
Phytolacca americana	Poke	root
Pilocarpus jaborandi	Jaborandi	leaf
Podophyllum peltatum	May Apple; Mandrake	root
Pulsatilla vulgaris	Pulsatilla, Pasqueflower	aerial
Rauvolfia serpentina	Rauwolfia	root
Strychnos nux vomica	Nux Vomica	seed
Urginea indica	Indian Squill	bulb
Viscum album	Mistletoe	aerial

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Standardized Extract Powders List 2024

Products Selected by Clinical Master Herbalist Donnie Yance, CN, MH, RH (AHG)

These powders have been selected by an expert in the field of botanical medicine with decades of clinical experience, and are available through Mederi Center's Apothecary.

STANDARDIZED EXTRACT POWDERS

Amla Extract

Sizes offered: 3oz, 6oz

Description: 4:1 to 6:1 extract powder, standardized to tannins

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Ashwagandha Root Extract

Sizes offered: 3oz, 6oz

Description: 4:1 extract powder, standardized to withaferina-A, withanolides, alkaloids

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Ashwagandha Powder

Sizes offered: 8oz, 16oz

BCAA Blend Powder (L-Isoleucine, L-Leucine, L-Valine)

Sizes offered: 3oz, 6oz

Beet Root Extract

Sizes offered: 3oz, 6oz

Description: Beet Root Juice Powder

Bentonite Clay Powder

Sizes offered: 3oz, 6oz

Bi Aloe® Extract

Sizes offered: 1oz, 3oz, 6oz

Description: Extract powder, standardized to 15%-20% aloe poly acetyl mannans

Centellin® Extract

Sizes offered: 2oz, 4oz, 6oz

Description: Gotu kola extract powder. 7:1 to 10:1 extract, standardized to triterpenes

Chaga 8:1 Extract

Sizes offered: 2oz, 4oz

Description: 8:1 extract powder, standardized to 2% beta-glucans

Cinnamon Powder

Sizes offered: 3oz, 6oz

Cissus Quadrangularis Extract

Sizes offered: 2oz, 4oz

Description: 10% ketosterones, 1% natural calcium

Cordyceps 1:1 Extract

Sizes offered: 2oz, 4oz, 6oz

Description: 1:1 extract powder, standardized to >25% beta-glucans

Cordyceps 4:1 Extract

Sizes offered: 2oz, 4oz, 6oz

Description: 4:1 extract powder, standardized to >25% beta-glucans

Cordyceps 8:1 Extract

Sizes offered: 2oz, 4oz, 6oz

Description: 8:1 extract powder, standardized to >25% beta-glucans

Coriolus 8:1 Extract

Sizes offered: 2oz, 4oz, 6oz

Description: 8:1 extract powder, standardized to 30% beta-glucans

Creatine Monohydrate

Sizes offered: 3oz, 6oz

Curcumin 3C Extract (Turmeric Extract)

Sizes offered: 2oz, 4oz

Description: 64:1 to 66:1 extract powder, standardized to 95% curcuminoids

DGL Extract

Sizes offered: 3oz, 6oz

Description: <3% Glycyrrhizinic Acid from Glycyrrhiza glabra

Echinacea Extract

Sizes offered: 3oz, 6oz

Description: <4% Total Phenols from Echinacea purpurea

Ellagic Acid Extract

Sizes offered: 3oz, 6oz

Description: Fenugreek sterols extract powder. 8:1 to 10:1 extract, standardized to saponins

FenuSterols® Extract

Sizes offered: 3oz, 6oz

Description: Fenugreek sterols extract powder. 8:1 to 10:1 extract, standardized to saponins

ForsLean® Extract

Sizes offered: 2oz, 4oz

Description: Coleus forskohlii extract powder. 25:1 to 35:1 extract, standardized to forskolin

Ginger Powder

Sizes offered: 3oz, 6oz

Ginger Extract

Sizes offered: 2oz, 4oz

Description: 8:1 to 10:1 extract powder, standardized to 5% gingerols

Ginkgo Extract

Sizes offered: 1oz, 2oz, 4oz

Description: 35:1 extract powder, standardized to 24% ginkgo flavonglycosides

Glycine Powder

Sizes offered: 4oz, 8oz

Goldenseal Powder

Sizes offered: 3oz, 6oz

Grape Seed Extract

Sized offered: 3oz, 6oz

Description: 100:1 to 120:1 extract powder, standardized to proanthocyanidins

Green Tea Extract

Sizes offered: 3oz, 6oz

Description: 12:1 to 15:1 extract powder, standardized to 75% catechins & polyphenols

Gugulipid Extract

Sizes offered: 2oz, 4oz

Description: 2:1 extract powder, standardized to guggulsterones, 2.5% Gugulipid

Holy Basil Extract

Sizes offered: 3oz, 6oz

Description: 8:1 to 15:1 extract powder, standardized to ursolic acid

Horse Chestnut Extract

Sizes offered: 2oz, 4oz, 6oz

Description: 16-20% Escin

Jobs Tears

Sizes offered: 8oz, 16oz

Kava Extract

Sizes offered: 2oz, 4oz

Description: Extract powder, standardized to 30% kavalactones

Kudzu Powder

Sizes offered: 3oz, 6oz

L-Citrulline Powder

Sizes offered: 2oz, 4oz

L-Glutamine Powder

Sizes offered: 3oz, 6oz

Licorice Extract

Sizes offered: 2oz, 4oz

Description: 15:1 to 20:1 extract powder, standardized to glycyrrhizinic acid

Maca Powder

Sizes Offered: 3oz, 6oz, 9oz

Marshmallow Powder

Sizes offered: 3oz, 6oz

Milk Thistle Extract

Sizes offered: 2oz, 4oz, 6oz

Description: Extract powder, standardized to 58% Silimarin

Mucuna Pruriens Extract

Sizes offered: 2oz, 4oz

Description: 10:1 extract powder, standardized to L-dopa

Nigellin® Onyx

Sizes offered: 2oz, 4oz

Description: Black Cumin Seed extract powder, 1.5:1 to 2:1 extract powder, standardized to thymoquinone and thymohydroquinone

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Papaya (Green) Powder

Sizes offered: 3oz, 6oz

Poria 1:1 Extract

Sizes offered: 2oz, 4oz, 6oz

Description: 1:1 extract powder, standardized to 55% beta-glucans

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Psyllium Seed Powder

Sizes offered: 3oz, 6oz

Reishi 1:1 Extract

Sizes offered: 3oz, 6oz

Description: 1:1 extract powder, standardized to >30% beta-glucans

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Reishi 4:1 Extract

Sizes offered: 3oz, 6oz

Description 4:1 extract powder, standardized to >30% beta-glucans

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Reishi 16:1 Extract

Sizes offered: 3oz, 6oz

Description 16:1 extract powder, standardized to >30% beta-glucans

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Resvenox from Polygum cuspidatun Extract

Sizes offered: .5oz, 1oz, 2oz

Description: 130 to 150:1 extract powder, standardized to 95% resveratrol

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Sage Extract (Ursolic Acid)

Sizes offered: 1oz, 2oz, 3oz

Description: 75:1 extract powder powder, standardized to 61% ursolic acid & 15% oleanolic acid

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Schisandra Extract

Sizes offered: 2oz, 4oz

Description: >9% Schisandrins

Sea Vegetable Powder

Sizes offered: 2oz, 4oz, 6oz

Shatavari Powder

Sizes offered: 8oz, 16oz

Shilajit Extract

Sizes offered: 2oz, 4oz

Description: 20% Fulvic Acid, 60% Humic Acid

Shitake 4:1 Extract

Sizes offered: 3oz, 6oz

Description: 4:1 extract powder, standardized to >30% beta-glucans

Slippery Elm Powder

Sizes offered: 3oz, 6oz

Spinach Extract

Sizes offered:3oz, 6oz

Description: Standardized to 20-Hydroxyechysone

St. John's Wort Extract

Sizes offered: 3oz, 6oz

Description: Extract powder, standardized to .3% hypericins

Turmeric Powder

Sizes offered: 2oz, 4oz, 6oz

UC3 Clear Extract (Curcuma Longa Extract)

Sizes offered: 2oz, 4oz

Description: Extract powder, standardized to 14% curcuminoids

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Bulk Teas List 2024

Selected by Clinical Master Herbalist Donnie Yance, CN, MH, RH (AHG)

These herbs have been selected and sourced by an expert in the field of botanical medicine with decades of clinical experience, and are available through Mederi Center's Apothecary.

Common Name	Latin Name
Alfalfa leaf	Medicago sativa
Angelica root	Angelica archangelica
Angelica root	Angelica sinensis
Anise seed	Pimpinella anisum
Ashwagandha	Withania somnifera
Astragalus root	Astragalus membranaceus
Boneset leaf	Eupatorium perfoliatum
Burdock root	Arctium lappa
Calendula flower	Calendula officinalis
Cardamom seed	Elletaria cardamomum
Cat's Claw bark	Uncaria tomentosa
Chaga mushroom	Inonotus obliquus
Chamomile flower	Matricaria recutita
Chaparral leaf	Larrea tridentata
Chrysanthemum flowers	Dendrathema indica
Cinnamon bark	Cinnamomum burmanii
Codonopsis root	Codonopsis pilosula
Coltsfoot leaf	Tussilago farfara
Cornsilk tassles	Zea mays
Dandelion leaf	Taraxacum officinale
Dandelion root rstd	Taraxacum officinale
Echinacea leaf and flower	Echinacea purpurea
Elder berries	Sambucus nigra
Elder flowers	Sambucus nigra
Eucalyptus leaf	Eucalyptus globulus

Common Name	Latin Name
Eyebright leaf	Euphrasia officinalis
Fennel seed	Foeniculum vulgare
Fenugreek seed	Trigonella foenum-graecum
Ginger root c/s	Zingiber officinale
Ginger root powder	Zingiber officinale
Goji (Lycii) Berries	Lycium barbarum
Goldenrod leaf	Solidago spp.
Gotu kola	Centella asiatica
Green Tea leaf	Camellia sinensis
Hawthorn berries	Crataegus spp.
Hawthorn leaf &flwr	Crataegus spp.
Hibiscus flower	Hibiscus rosa-sinensis
Holy Basil leaf	Ocimum sanctum
Honeysuckle flowers	Lonicera japonica
Horsetail stem	Equisetum arvense
Hyssop leaf	Hyssopus officinalis
Job's Tears	Coix Lacryma-jobi
Juniper berries	Juniperus communis
Lavender flower	Lavendula spp.
Lemon Balm leaf	Melissa officinalis
Lemon Grass	Cymbopogon citratus
Licorice root	Glycyrrhiza glabra
Linden leaf&flwr	Tilia europaea
Lotus root	Nelumbo nucifera
Luo han guo fruit	Momordica grosvenorii
Marshmallow root c/s	Althaea officinalis
Meadowsweet leaf	Filipendula ulmaria
Milk Thistle seed	Silybum marianum
Motherwort leaf	Leonurus cardiaca
Mullein leaf	Verbascum densiflorum
Nettle leaf	Urtica dioica
Oat straw	Avena sativa
Oats tops	Avena sativa
Orange peel	Citrus sinensis
Papaya leaf	Carica papaya
Passionflower	Passiflora incarnata
Pau d'Arco	Tabebuia

Common Name	Latin Name
Peony root	Pnaoniae alba
Peppermint leaf	Mentha x piperita
Plantain leaf	Plantago major
Raspberry leaf	Rubus idaeus
Red Clover flower	Trifolium pratense
Rehmannia, prepared	Rehmannia glutinosa
Rooibos Chai Blend®	Rooibos, Cinnamon, Ginger, Cardamom, Cloves, Black Pepper
Rooibos Tea	Aspalathus linearis
Rose hips	Rosa spp.
Rose petals	Rosa damascena
Sage leaf	Salvia officinalis
Sarsaparilla	Smilax regelii
Schisandra fruit	Schisandra chinensis
Senna leaf	Senna alexandrina
Skullcap leaf	Scutellaria lateriflora
Slippery Elm bark c/s	Ulmus rubra
Spearmint leaf	Mentha spicata
Star Anise seed	Illicium verum
St. John's Wort leaf & flower	Hypericum perforatum
Thyme leaf	Thymus vulgaris
Uva Ursi leaf	Arctostaphylos uva-ursi
Wild Yam root	Dioscorea oppositifolia
Yarrow leaf & flower	Achillea millefolium
Yellow Dock root	Rumex crispus

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Chinese Granules List 2024

These granules have been selected and sourced by an expert in the field of Chinese medicine with decades of clinical experience, and are available through Mederi Center's Apothecary.

PinYin Name: (5:1 extracts unless noted)	Common/Latin Name
Ai ye (Tan)	Mugwort/ Artemisia argyi
Bai he	Lily bulb/ Lilium sp.
Bai Jiang Cao	Patrinia scabiosifolia
Bai shao	White Peony/ Paeonia lactiflora
Bai zhi	Dahurian angelica
Bai zhu	White Atractylodes macrocephala (rhizome)
Bai zi ren	Arborvitae seed/ Biota orientalis
Ban Xia (Fe)	Pinellia ternata
Bo he	Mentha sp./ Mint
Cang er zi	Cocklebur/ Xanthium sibericum
Cang zhu	Atractylodes rhizome, processed
Chai hu	Bupleurum sp. (root)
Chen pi	Tangerine peel/ Citrus reticulata
Chi shao	Red peony (root)
Chuan xiong	Szechuan Lovage/ Ligusticum wallichii
Da huang	Rhubarb root/ Rheum sp.
Da zao	Jujube fruit/ Zizyphus jujube
Dan shen	Chinese Salvia miltiorrhiza
Dang gui (2.5:1)	Angelica sinensis
Dang shen	Codonopsis pilosula
Di long	Pheretima
Du Huo	Angelica pubescens
Du zhong	Eucommia cortex
E zhu	Zedoary/ Curcuma zedoaria
Fang feng	Siler/ Saposhnikova or Ledebouriella
Fang ji	Stephaniae tetrandrae rt.
Fu ling	Hoelen/ Poria cocos
Fu zi	prepared Aconite/ Aconitum carmichaeli
Gan cao	Licorice/ Glycyrrhiza uralensis

PinYin Name: (5:1 extracts unless noted)	Common/Latin Name
Gan jiang	dried Ginger/ Zingiber officinale
Ge gen	Kudzu/ Pueraria sp.
Gou qi zi	Lycii fruit/ Lycium chinense
Gua lou	Trichosanthes fruit
Gui zhi	Cinnamon twig/ Cinnamomum cassia
He huan pi	Mimosa tree bark/ Albizzia julibrissin
He shou wu	Polygonum multiflorum
Hong hua	Carthamus tinctorius
Hou po	Magnolia bark/ Magnolia officinalis
Huang Bai	Cortex Phellodendri
Huang lian	Coptis rhizome
Huang qi	Astragalus membranaceus
Huang qin	Baical skullcap/ Scutellaria baicalensis
Ji xue teng	Spatholobus or Milletia
Jie geng	Balloon flower root/ Platycodon grandiflorum
Jing jie	Schizonepeta tenuifolia
Jin Yin Hua	Honeysuckle
Ju hua	Chrysanthemum flower/ C. morifolium
Ku shen	Radix Sophorae Flavescentis
Lian qiao	Forsythia fruit/ Forsythia suspensa
Long gu	Dragon Bone (crude/raw)/ Os Draconis
Long yan rou	Longan fruit/ Euphoria longan
Mai (men) dong	Ophiopogon japonicus
Ma huang	Blend of Ma huang 10:1, Xing Ren (Dan), Zhi Gan Cao,
Mai ya	Barley sprout (raw)
Mang Xiao (1:1)	Glauber's Salt/ Mirabilitum
Mo Yao	Myrrh/ Commiphora myrrha
Mu dan pi	Tree peony root/ Paeonia suffruticosa
Mu li	Oyster shell (raw)/ Ostrea gigis
Mu xiang (chuan)	Costus rt./ Aucklandia or Saussurea lappa
Niu xi	Radix Achyranthis Bidentatae
Pu gong ying	Taraxici herba
Pu huang	Typha pollen
Qiang huo	Notopterygium incisum
Ren Shen (Bai)	Ginseng root
Ren Shen (Hong Shen)	Panax ginseng, Rubra
Rou gui	Cinnamon bark/ Cinnamomum cassia
Ru xiang	Frankincense/ Boswellia carterii

PinYin Name: (5:1 extracts unless noted)	Common/Latin Name
Sang ji sheng	Mulberry mistletoe stems/ Viscum coloratum
Sha ren	Amomum sp.
Shan ci gu	Pseudobulbus Cremastre
Shan yao	Chinese yam/ Dioscorea opposita
Shan zha	Crataegus fruit
Shan Zhu Yu (Shan Yu Rou)	Cornus officinalis
Shen(g) jiang	Fresh Ginger/ Zingiber officinalis
Sheng di huang	Rehmannia glutinosa, raw
Sheng ma	Black Cohosh/ Cimicifuga sp.
Shi gao	Gypsum
Shu di huang	Rehmannia glutinosa, prepared
Suan zao ren	Jujube seed/ Zizyphus spinosa
Tao ren	Peach kerne/ Prunus persica
Tian (men) dong	Asparagus cochinchinensis
Tian hua fen	Trichosanthes kirilowii root
Tian San Qi	Panax notoginseng
Tu si zi	Chinese dodder seed/ Cuscuta chinensis
Wu mei	Mume fruit
Wu wei zi	Five-flavor seed/ Schisandra chinensis
Wu Zhu Yu	Evodia fruit
Xi xin	Chinese wild ginger/ Asarum sp.
Xi yang shen (4:1)	Panacis quinquefolii radix
Xia ku cao	Selfheal/ Prunella vulgaris
Xian he cao	Agrimoniae herba
Xiang fu	Nut-grass rhizome/ Cyperus rotundus
Xie bai	Chinese chive (blub)
Xin Yi	Magnolia Flower
Xing ren	Apricot kernel/ Prunus armeniaca
Xu duan	Japanese Teasel root/ Dipsacus asper
Xuan shen	Ningpo Figwort root/ Scrophularia ningpoensis
Yan hu suo	Corydalis yanhusuo
Yi Mu Cao	Chinese motherwort/ Leonurus heterophyllus
Yi yi ren	Job's tears/ Coix lacrima jobi
Yin Chen	Virgate Wormwood/Artemisia absinthium
Yin yang huo	Epimedium grandiflorum
Yuan zhi	Polygala tenuifolia
Ze xie	Water Plantain rhizome/ Alisma plantago-aquatica
Zhe bei mu	Fritillaria bulb/Fritillaria thunbergii

PinYin Name: (5:1 extracts unless noted)	Common/Latin Name
Zhi gan cao	Licorice, prepared
Zhi ke	Bitter orange/ Fructus aurantii
Zhi mu	Anemarrhea (root)
Zhi shi	Unripe bitter orange
Zhi zi	Gardenia (fruit)
Zi su ye	Perilla leaf
Zhu Ling	Polyporus umbellatus

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Bulk Essential Oils List 2024

Selected by Clinical Master Herbalist Donnie Yance, CN, MH, RH (AHG)

These ingredients have been selected and sourced by an expert in the field of botanical medicine with decades of clinical experience, and are available through Mederi Center's Apothecary.

Please note: *essential oils may be used as ingredents for custom formulas but are not dispensed and sold individually.*

Essential Oils List		
Bay Laurel	Grapefruit, Pink	Peppermint
Camphor	Helichrysum	Rose Absolute
Chamomile, Blue	Holy Basil	Rosemary Borneol
Chamomile, Roman	Lavender Extra	Sandalwood
Cedar	Lemon	Spikenard
Cinnamon bark	Lemongrass	Spruce
Clove Bud	Marjoram, Sweet	Tea Tree
Cypress	Melissa	Thyme Linalol
Eucalyptus Globulus	Myrrh	Vetiver
Fennel	Nutmeg CO2	Wintergreen
Frankincense	Orange, Sweet	
Ginger CO2	Oregano	
Geranium, Rose	Pepper, Black	

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Bulk Topicals List 2024

Selected by Clinical Master Herbalist Donnie Yance, CN, MH, RH (AHG)

These ingredients have been selected and sourced by an expert in the field of botanical medicine with decades of clinical experience, and are available through Mederi Center's Apothecary.

Topical Ingredients List	
Aloe Vera Gel	
Artemis Plus® Capsules	**Ingredients:** Artemisia annua Whole Herb Ext. 99% Artemisinin, Sweet Wormwood (Artemisia annua) Whole Herb 8:1 Ext., Burdock Seed (Arctium lappa) Ext. 40% Arctiin & Arctigenin, Red Clover (Trifolium pratense) Aerial Parts Ext. 40% Isoflavones, Celandine (Chelidonium majus) Whole Herb 4:1 Ext., BioPerine® Black Pepper (Piper nigrum) Fruit Ext. 95% Piperine
Beeswax	
Bentonite Clay	
BiAloe Powder	Lorand Labs
Black Cumin Seed Cold Pressed Oil	
Brahmi Oil (Bacopa monnieri)	
Butyrex Capsules	
Calendula Oil	
Cocoa Butter	
Coconut Oil	
Comfrey Oil	
Compound Arnica Oil®	**Ingredients:** Olive oil, Arnica flowering tops, Lobelia seed, Hypericum/St. John's Wort flowering tops, Sweet Birch essential oil, White sage herb, Vitamin E
CoQ10 Liquid	
DMSO Liquid	
DMSO Gel	
Emulsified Vit A	
Emulsified Vit D	
Emulsified Vit K	

Topical Ingredients List	
Herbal Ice®	**Ingredients:** Filtered Water, Organice Aloe Vera Juice, SD Alochol 40-B, Menthol, Carbomer 940, Witch Hazel, Cinnamon Essential Oil, Tea Tree Oil
Hypericum perforatum Oil	
Inflamaway® Capsules	**Ingredients:** Boswellin® Super (Boswellia serrata) Gum Resin Exudate Ext. 30% AKBA, 50% B-Boswellic Acid, 75% Organic Acids, Feverfew (Tanacetum parthenium) Aerial Parts Ext. 0.8% Parthenolide, Magnolia (Magnolia officinalis) Bark Ext. 50% Honokiol and Magnolol, Andrographis (Andrographis paniculata) Whole Herb Ext. 50% Andrographolide, Chinese Skullcap (Scutellaria baicalensis) Root 4:1 Ext., Ginger (Zingiber officinale) Root/Rhizome Ext. 5% Gingerols, Bromelain, Pineapple (Ananas comosus) Stem Ext. 2400 GDU/gram, BioPerine® Black Pepper (Piper nigrum) Fruit Ext. 95% Piperine
Jojoba Oil	
L. Citrulline	
Lanolin	
Licorice Solid Extract	
Magnesium Gel	
Manuka Honey 250+	
Melazepam Cream	
Phyto-Cyto®	**Ingredients:** Pacific Yew (Taxus brevifolia) Leaf and Bark Ext., Madagascar Periwinkle (Catharanthus roseus) Aerial Ext., Camptotheca acuminata Seed Ext., Mistletoe (Viscum album) Thallus Ext., Paw Paw (Asimina triloba) Seed and Bark Ext., Poke (Phytolacca americana) Root Ext., May Apple (Podophyllum peltatum) Root ext., Luo Han Guo (Siraitia grosvenorii) Fruit Ext., Ginger (Zingiber officinalis) Essential Oil, Sweet Orange (Citrus sinensis) Essential Oil
Poke Oil	
Pomegranite Seed Oil	
Propolis 65% Tincture	
Pumpkin Seed Oil	
Sea Buckthorn Oil	
Selenium drops	
Shea butter	
Silver Gel	
Silvercillin Liquid™	**Ingredients:** liquid (Purified water, purified Silver)
Squalane (olive derived)	
Sunflower lecithin	

Throat & Gland Spray®	**Ingredients:** Propolis Gum Ext., Fresh Echinacea (Echinacea angustifolia) Root Ext. (Organic), Fresh Wild Indigo (Baptisia tinctoria) Root Ext., Licorice (Glycyrrhiza glabra) Root Ext. (Organic), Red Root (Ceanothus americanus) Ext., Thuja plicata Leaf Ext., Fresh Poke (Phytolacca americana) Root Ext. (Organic), Hyssop (Hyssopus officinalis) Herb Ext. (Organic), Echinacea (Echinacea ang. and purp.) Leaf & Seed Ext. (Organic) , Barberry (Berberis vulgaris) Root Bark Ext., Usnea spp. Lichen Ext. Lomatium (Lomatium dissectum) Root Ext., Luo Han Guo (Siraitia grosvenorii) Fruit Ext., Myrrh (Commiphora spp.) Gum Ext., Arnica (Arnica montana) Flower Ext., Peppermint (Mentha piperita) Leaf Essential Oil, Fennel (Foeniculum vulgare) Seed Essential Oil, Clove (Syzygium aromaticum) Seed/Bud Ext. (Organic)
Vegetable Glycerin	
Vitamin E Oil	
Xanthum Gum	
Zinc drops	

Cream Base Topical Ingredients List

Myco-Can Cream (formerly Anti-Fungal Skin Cream)	**Ingredients:** Allium sativum, Grindelia squarrosa, Mahonia aquifolium, Monarda fistulosa, Tabebuia heptaphylla, Thuja occidentalis, Cinnamomum cassia, Foeniculum vulgare, in a base of: water, safflower oil, olive oil, vegetable emulsifying wax, aloe vera gel, coconut oil, jojoba oil, beeswax, cocoa butter, lecithin, natural preservative, D-tocopherol, stearic acid, xanthan gum, trace minerals
Phytovir Plus Cream (formerly Antiseptic Cream)	**Ingredients:** Echinacea angustifolia, Allium sativa, Berberis vulgaris, Hydrastis canadensis, Baptisia tinctoria, Commiphora myrrhal, Larrea tridentata, Phytolacca americana, in a base of: water, safflower oil, olive oil, vegetable emulsifying wax, aloe vera gel, coconut oil, jojoba oil, beeswax, cocoa butter, lecithin, natural preservative, D-tocopherol, stearic acid, xanthan gum, trace minerals
Base Cream	**Ingredients:** Distilled water, safflower oil, olive oil, vegetable emulsifying wax, aloe vera gel, coconut oil, jojoba oil, beeswax, cocoa butter, lecithin, natural preservative, D-tocopherol, stearic acid, xanthan gum, trace minerals
Calendula Cream	**Ingredients:** Calendula officinalis, in a base of: distilled water, safflower oil, olive oil, vegetable emulsifying wax, aloe vera gel, coconut oil, jojoba oil, beeswax, cocoa butter, lecithin, natural preservative, D-tocopherol, stearic acid, xanthan gum, trace minerals
Hamamelis Cream	**Ingredients:** Hamamelis virginiana, in a base of: distilled water, safflower oil, olive oil, vegetable emulsifying wax, aloe vera gel, coconut oil, jojoba oil, beeswax, cocoa butter, lecithin, natural preservative, D-tocopherol, stearic acid, xanthan gum, trace minerals
Symphytum Cream	**Ingredients:** Symphytum officinalis, in a base of: distilled water, safflower oil, olive oil, vegetable emulsifying wax, aloe vera gel, coconut oil, jojoba oil, beeswax, cocoa butter, lecithin, natural preservative, D-tocopherol, stearic acid, xanthan gum, trace minerals

MEDERI
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SECTION 3

BRANDED SUPPLEMENTS

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Wholistic Health and Healing
Patient Care | Research | Education

Natura Health Products
formulated by Donnie Yance 2024

Formulas by Clinical Master Herbalist Donnie Yance, CN, MH, RH (AHG)

These formulas have been selected and sourced by an expert in the field of botanical medicine with decades of clinical experience and are available through Mederi Center's Apothecary.

Natura Health Products	Artemis Plus 80cap
Natura Health Products	Beyond Whey Powder 10.6oz
Natura Health Products	Botanabol 100cap
Natura Health Products	Botanical Treasures 180cap
Natura Health Products	Cardio Tonic-BP 90cap
Natura Health Products	Cell Guardian 90cap
Natura Health Products	Cho-Less 90cap
Natura Health Products	Complete Omega Essentials 120gel
Natura Health Products	CV-Res-Q 60gel
Natura Health Products	D-A-K, Vitamin 60cap
Natura Health Products	Digest Mend 180cap
Natura Health Products	Dual-Mag Complex 90cap
Natura Health Products	Flew Away 60cap
Natura Health Products	IG Sensitizer 90cap
Natura Health Products	ImmuCare 180cap
Natura Health Products	InflamAway 90cap
Natura Health Products	Iron Synergy 90cap
Natura Health Products	JTL Mobility 90 caps
Natura Health Products	Lung & Bronchial Tonic 4oz

Natura Health Products	Meno-Breeze 60cap
Natura Health Products	Mushroom Synergy 180cap
Natura Health Products	Night Gain 90cap
Natura Health Products	Peps-Aid 2oz
Natura Health Products	Phyto-Cyto 4oz
Natura Health Products	Power Adapt 16oz
Natura Health Products	Power Adapt 4oz
Natura Health Products	Power Adapt 60cap
Natura Health Products	Quercetin Plus 90cap
Natura Health Products	S-Clear Spray 2oz
Natura Health Products	Serenoa Supreme 60cap
Natura Health Products	Throat & Gland Spray 2oz
Natura Health Products	Tranquility 90cap
Natura Health Products	Up-Lift 90cap
Natura Health Products	Vibrant Mind 90cap
Natura Health Products	Vital Adapt 4oz
Natura Health Products	Vital Adapt 60cap
Natura Health Products	Vital Adapt 16oz
Natura Health Products	Willow Relief 90cap
Natura Health Products	Zinc 60cap