



# STOCK FORMULAS, APOTHECARY, & BRANDED PRODUCT OFFERINGS

Natura Branded Supplements List	Section 3
Bulk Tonics, Low Dose Tonics, Single Botanical & Nutritional Powders, Bulk Teas, Chinese Granules, Essential Oils, Topical Ingredients	
Single Ingredients for Compounding & Dispensing	Section 2
Mederi Stock Formulas (formulated by Donnie Yance)	. Section 1





### Mederi Stock Formula

#### Formulas created by Clinical Master Herbalist Donnie Yance, CN, MH, RH (AHG)

These unique formulas have been developed and clinically tested by an expert in the field of botanical medicine with decades of clinical experience. These are available exclusively through Mederi Center's Apothecary.

#### **POWDER STOCK FORMULAS**

### **Ally Smoothie Support POWDER**

Sizes offered: 2oz, 4oz, 8oz

Ingredients: BiAloe®, Turmeric, Maca, Propolis, Ursolic Acid, Centellin®, Milk Thistle extract powder, ForsLean® (Coleus extract powder), Cinnamon, FenuSterols® (Fenugreek extract powder), Lo han

Recommended Dosing: 1 tsp daily

Therapeutic Rationale: Known to be immune modulating and supportive for patients who are immune

compromised to restore health. It can also nourish the mucosal membranes of the GI tract.

### **Berry Eyes POWDER**

Sizes offered: 20z, 40z

Ingredients: Bilberry extract powder, Goji (Gou qui Zhi 5:1 granule), Schisandra extract powder,

Lo han

Recommended Dosing: 1/4 tsp daily

**Therapeutic Rationale:** This blend may be supportive of general eye health, eye strength, and vision.

#### Cordyceps Mushroom Extract 4:1 POWDER

Sizes offered: 2oz, 4oz, 6oz

Ingredients: Cordyceps 8:1, Cordyceps 1:1
Recommended Dosing: 1-2 tsp daily

#### **Demulcent POWDER**

Sizes offered: 2oz, 4oz, 6oz

Ingredients: L-Glutamine, DGL (Licorice), Maca, Slippery Elm, Marshmallow, Psyllium Seed, BiAloe®

Recommended Dosing: 1 tsp daily

**Therapeutic Rationale:** This formula can be soothing to irritated and inflamed mucus membranes, including mouth ulcers and sores throughout the GI tract; it also can help protect the gut lining from

anything that may cause harm.

<sup>\*</sup>Indicates there are low dose herbs in the formula

### **KavaCine POWDER**

Sizes offered: 2oz, 4oz

Ingredients: Glycine powder, Kava Powder Extract 30% Kavalactones

Recommended Dosing: 1 tsp 2-4x daily

**Therapeutic Rationale:** KavaCine may provide the ultimate combination to combat anxiety, it is immune modulating, anti- inflammatory, and a cytoprotective agent for general immune support, rejuvenation

and relaxation.

#### **Mushroom 5 POWDER**

Sizes offered: 3oz, 6oz

Ingredients: Coriolus 1:1, Reishi 1:1, Reishi 16:1, Reishi 4:1, Chaga 8:1, Shiitake 4:1, Poria 1:1, Ginger,

Lo han

**Recommended Dosing:** 1/2-1 tsp 1-3x daily

**Therapeutic Rationale:** Known for immune support and restoration of the body's natural defense system. Containing five main mushroom extracts, the formulation utilizes the qualities of each extract in

support to the body's organs while supporting free radicals for optimal health.

#### Mushroom Restore POWDER

Sizes offered: 3oz, 6oz

**Ingredients**: Red reishi 1:1, Coriolus 8:1, Shitake 4:1, Poria 1:1, Chaga 8:1, Beet root 10:1, Milk Thistle 80% silymarin, Ashwagandha 4.5% withanolides, Schisandra 20:1, DGL licorice extract, Ginger 5% gingerols, Lo han

511561013, 20 11411

Recommended Dosing: ½-1 tsp 1-3x daily

**Therapeutic Rationale:** In addition to supporting vascular integrity, this product can offer immunological restorative benefits at the molecular, cellular, and organ-system levels. It includes adaptogens known to

help restore and regulate immune response

#### **Nutra Amino POWDER**

Sizes offered: 3oz, 6oz

Ingredients: Creatine Monohydrate, BCAA, L-Citrulline, L-Glutamine, Papaya Digest, Lo han

Recommended Dosing: 1 tsp daily

Therapeutic Rationale: Helps promote cardiovascular and immune health and function, as well

supporting ATP and metabolic function.

### **Papaya Digest POWDER**

Sizes offered: 3oz, 6oz

Ingredients: Green Papaya, Poria extract, Chamomile, Ginger, Fennel, Orange peel, Lotus root,

Schisandra, Cardamom, Cinnamon, Lo han **Recommended Dosing:** 1/2 - 1 tsp 1-2x daily

Therapeutic Rationale: Blended with aromatic herbs, this formula can support digestive complaints like

nausea, acid reflux, gas, and bloating.

\_\_\_\_\_

#### ThermoFit POWDER

Sizes offered: 3oz, 6oz

Ingredients: Coleus, Green Tea, Lecithin, Sea vegetable powder, Ginger, Cinnamon, Lo han

Recommended Dosing: 1/2 tsp 1-2x daily

Therapeutic Rationale: Known to support metabolism, this blend can decrease weight gain by

supporting fat cells and transferring energy.

### **Turmeric Synergy POWDER**

Sizes offered: 3oz, 6oz

**Ingredients:** Curcumin 3C® 95% curcuminoids, UC3 Clear® curcuma longa extract 14% curcuminoids, Turmeric Powder, Green tea 75% catechins, Grape seed, Resvenox® 95% resveratrol, Holy basil, Sage ursolic acid 75%, Amla, Cinnamon, Black Cumin Seed, Ginger 5% gingerols, Lecithin, Black pepper piperine, Lo han

**Recommended Dosing:** 1/2 tsp 1-2x daily

Therapeutic Rationale: This formula may mitigate underlying factors to aging as well as help stabilize,

protect, and restore health at a molecular, cellular, and organ system level.

#### **TEA STOCK FORMULAS**

#### **Bladder Stock TEA**

Sizes offered: 4oz, 8oz

Ingredients: Dandelion leaf, Marshmallow, Uva Ursi, Corn silk, Yarrow, Juniper berry

Recommended Dosing: 1 Tbsp per cup, drink 4x daily

**Therapeutic Rationale:** Promotes bladder health by supporting the bladder, urinary canal tissue, and providing relief. Known for its soothing, antimicrobial, anti-inflammatory, and nourishing effects.

### **Bone Marrow Soup / TEA**

Sizes offered: 4oz

Ingredients: Wild yam, Astragalus, Codonopsis, Rehmannia prep., Goji, Dang Gui/Angelica Sinensis,

Yellow Dock

**Recommended Dosing:** Combine the 4oz bag of herbs with 4 quarts of water for decoction.

Therapeutic Rationale: This mix is used when making stock, broth, or tea. It may tonify, build, and

invigorate the body and build blood and tissue, and immune system.

\_\_\_\_\_

#### **Bronchial Stock TEA**

Sizes offered: 4oz, 8oz

Ingredients: Mullein, Marshmallow, Fenugreek, Licorice, Lotus Root, Ginger, Hyssop, Lo han, Red Clover,

Thyme, Eucalyptus, Hibiscus, Nettles, Peppermint, Plantain

**Recommended Dosing:** 1/4 cup of herb to 1 quart of water. Strain and drink daily

Therapeutic Rationale: Supports healthy lung and bronchial function and is known to soothe and relax

the respiratory system. It contains botanicals with expectorant qualities, as well as those that

encourage healthy immune function.

#### **Carminative Stock TEA**

Sizes offered: 4oz, 8oz

**Ingredients:** Fennel, Ginger, Orange peel, Cardamom, Star Anise **Recommended Dosing:** Add 2 Tbsp to 1 quart of water, drink daily.

Therapeutic Rationale: With traditional aromatic herbs, this blend is designed to support healthy

digestion, absorption and assimilation.

#### **Deep Immune Stock TEA**

Sizes offered: 4oz, 8oz

Ingredients: Astragalus, Schisandra, Burdock root, Cat's Claw, Licorice, Ginger, Cinnamon

**Recommended Dosing:** Add 2-4 Tbsp to 1 quart water, drink 1-3 cups daily

**Therapeutic Rationale:** This blend contains adaptogens that are known to protect the body against physical, mental and emotional stress. Known to increase energy, stamina, endurance, while offering

defense for the immune system.

#### **Demulcent Stock TEA**

Sizes offered: 4oz, 8oz

Ingredients: Chamomile, Lemon Balm, Marshmallow Root, Slippery Elm, Licorice, Lotus root, Lo han,

Plantain, Peppermint

Recommended Dosing: Add 4 Tbsp to 1-quart cold water, steep overnight, drink 1-3 cups daily

Therapeutic Rationale: This blend contains herbs that are rich in mucilage and are known to help soothe

and protect inflamed tissue. Supports the digestive, respiratory and urinary systems.

### **Digestive Stock TEA**

Sizes offered: 4oz, 8oz

**Ingredients:** Chamomile, Lemon balm, Plantain, Papaya leaf **Recommended Dosing:** Add 4 Tbsp to 1 quart water, drink daily

Therapeutic Rationale: May support digestion by reducing indigestion, gas, bloating, nausea.

### **Eye Health Stock TEA**

Sizes offered: 4oz, 8oz

Ingredients: Chamomile, Chrysanthemum, Schisandra Berry, Goji Berry

Recommended Dosing: Add 4 Tbsp to 1 quart water, drink daily

Therapoutic Patienale: Pich in antioxidants, this bland may support protest.

**Therapeutic Rationale:** Rich in antioxidants, this blend may support protection against UV radiation and degeneration. Known for its anti-inflammatory and hepaprotective qualities, this blend can be useful for

red and itchy eyes, glaucoma, dryness, and pressure.

#### Flew B Gone Stock TEA

Sizes offered: 4oz, 8oz

Ingredients: Chrysanthemum, Peppermint, Elder flower, Ginger, Hyssop, Lo han, Boneset, Linden,

Yarrow, Eucalyptus

Recommended Dosing: Add 1 Tbsp per cup of hot water, drink 4 cups daily

**Therapeutic Rationale:** This tea may provide support and relief for flu, fever, colds, body aches, and other pathogenic conditions. It could also be used as a tea to support detoxification to withdraw heat

and toxins.

#### **Gentle Liver Stock TEA**

Sizes offered: 4oz, 8oz

Ingredients: Burdock root, Peony root., Schisandra, Dandelion root, Licorice, Rooibos, Yellow Dock

**Recommended Dosing:** Add 1 Tbsp per cup of hot water, drink 2 cups daily

**Therapeutic Rationale:** This herbal tea blend is designed to be liver protective and detoxifying. This tea may also stimulate digestion and the flow of bile, which will also assist in the elimination process.

#### **Heart Stock TEA**

Sizes offered: 4oz, 8oz

Ingredients: Hawthorn fruit, leaf, & flower, Hibiscus, Linden leaf & flower, Motherwort, Rose

Recommended Dosing: Add 1 Tbsp per cup of hot water, drink 2 cups daily

**Therapeutic Rationale:** This herbal tea blend is designed to be supportive, nourishing, tonifying and protective of the heart and cardiovascular system. These ingredients also help to maintain healthy

blood pressure and smooth circulation.

### **Mineralizing Stock TEA**

Sizes offered: 4oz, 8oz

Ingredients: Alfalfa/Medicago, Dandelion leaf, Horsetail, Nettles, Oat straw, Plantain, Red clover, Rose

hips.

**Recommended Dosing:** Add 1 Tbsp per cup of hot water, drink 2 cups daily

**Therapeutic Rationale:** This herbal tea is known to support bone and connective tissue health through its alkalizing properties, which may help maintain bone strength and flexibility, aid in healing fractures

and soft tissue injuries, and reduce symptoms associated with osteoporosis..

#### **Nervine Stock TEA**

Sizes offered: 4oz, 8oz

Ingredients: Skullcap, Holy Basil, Oat tops, Lemon balm, Rose

Recommended Dosing: Add 1 Tbsp per cup of hot water, drink 2 cups daily

**Therapeutic Rationale:** This herbal tea blend is designed to support, calm, and nourish the central nervous system. These herbs may help promote mental and physical relaxation and restful sleep.

#### **Rescue TEA**

Sizes offered: 4oz, 8oz

**Ingredients:** Bronchial Tea, Flew B Gone Tea, Deep Immune Tea, Nettle. **Recommended Dosing:** Add 1 Tbsp per cup of hot water, drink 4 cups daily

Therapeutic Rationale: Rescue tea blend is used as a general tea to support prevention of all stages of a

sickness, and during the recovery phase.

#### **Schi-Zam TEA**

Sizes offered: 4oz, 8oz

Ingredients: Ginger, Hibiscus, Lemongrass, Licorice, Lo han, Goji, Nettle, Orange peel, red clover, Rooibos

Chai (non-caffeinated), Rose, Schisandra

Recommended Dosing: Add 1 Tbsp per cup of hot water, drink 2 cups daily

**Therapeutic Rationale:** This herbal tea blend has been known for its energizing and nourishing qualities. Containing adaptogenic herbs, these herbs can help support energy, balance, restoration and protect

the body when under stress.

### **Sleep Stock TEA**

Sizes offered: 4oz, 8oz

Ingredients: Chamomile, Skullcap, Lavender, Lemon balm, orange peel, Passionflower

Recommended Dosing: Add 1 Tbsp per cup of hot water, drink 2 cups daily

**Therapeutic Rationale:** This blend is designed to promote restful sleep. It contains ingredients with sedative and nervine qualities that may soothe the central nervous system, reduce stress, assist with

relaxation and promote a natural restful sleep.

### **Smooth Kidneys Stock TEA**

Sizes offered: 4oz, 8oz

Ingredients: Marshmallow, Cornsilk, Dandelion leaf, Goldenrod, Nettle, Plantain, Horsetail, Juniper berry

Recommended Dosing: Add 1 Tbsp per cup of hot water, drink 2 cups daily

**Therapeutic Rationale:** Containing herbs that can support kidney and urinary tract function. These ingredients are known to help stimulate urine flow, have antimicrobial, anti-inflammatory, pain-

relieving qualities and discourage the formation of kidney stones.

#### **Taheebo Decoction TEA**

Sizes offered: 4oz, 8oz, 12oz

**Ingredients:** Pau d'Arco, Astragalus, Cat's Claw, Lemongrass, Red Clover, Rooibos Chai, Burdock Root, Dandelion Root, Hibiscus, Lavender, Licorice, Goji, Orange peel, Rose, Papaya leaf, Lo han, Chaparral **Recommended Dosing:** Add 1/4 cup tea to 1 Qt of boiled water, simmer for 20 minutes, drink 2-3 cups daily.

**Therapeutic Rationale:** This complex, well-balanced tea blend features prominent alterative herbs known for their potent cell-protective effects. The formula promotes lymphatic drainage and activates the liver, kidneys, spleen, and other organs involved in detoxification.

#### **Tulsi Power TEA**

Sizes offered: 4oz, 8oz

Ingredients: Holy Basil, Schisandra, Hibiscus, Lemongrass, Lo han, Goji, Ginger, Anise, Rooibos, Dandelion

ισσι

Recommended Dosing: Add 1 Tbsp per cup of hot water, drink 2 cups daily

**Therapeutic Rationale:** This herbal tea blend has adaptogenic qualities that may enhance energy and promote a healthy stress response. The ingredients may also enhance the endocrine system, increase stamina and endurance.

### Weight Management TEA

Sizes offered: 4oz, 8oz

Ingredients: Green Tea, Hibiscus, Ginger, Dandelion leaf, Lemongrass, Rose Cinnamon, Star Anise, Lo han

**Recommended Dosing:** Add 1 Tbsp per cup of hot water, drink 2 cups daily

**Therapeutic Rationale:** This herbal tea blend is designed to encourage a healthy body composition by supporting an efficient metabolism. The ingredients may also increase thermogenesis, promote breakdown of stored fat for energy, and support optimal blood sugar regulation.

### **Yummy Tummy TEA**

Sizes offered: 4oz, 8oz

Ingredients: Chamomile, Fennel, Ginger, Lotus root, Papaya leaf, Peppermint, Cardamom, Lemon Balm,

Orange Peel, Marshmallow root

Recommended Dosing: Add 1 tbsp per cup of hot water, drink 2 cups daily

Therapeutic Rationale: These herbs may help reduce indigestion, gas, bloating, and nausea, while easing

stomach spasms, promoting relaxation, and soothing the stomach mucosa.

### **TONIC STOCK FORMULAS**

#### \*Indicates there are low dose herbs in the formula

#### **Anti-Fungal TONIC**

Sizes offered: 4oz, 8oz

**Ingredients:** Propolis 65%, Propolis Alcohol Free, Spilanthes acmella, Usnea spp., Hydrastis canadensis, Commiphora myrrh, Thuja occidentallis, Momocordia grosvenorii, EO Clove, EO Lavender, EO Rosemary

Recommended Dosing: Use 1 tsp 3-6x daily

Therapeutic Rationale: This product is known to support fungal infections. It contains anti-fungal and

anti-microbial ingredients, which may help correct microbiome imbalances.

#### Bladder TONIC\*

Sizes offered: 4oz, 8oz

Ingredients: Arctostaphylos, Barosma, Hydrangea, Usnea, Agrimonia, Chimaphila, Zea mays, Lomatium,

Hydrastis, Thuja, Althea, Gelsemium LOW DOSE, Momordica grosvenorii, EO Sandalwood

Recommended Dosing: Use 1 tsp 3-4x daily

Therapeutic Rationale: This formula is indicated to support irritation, inflammation, infection, pain, or

discharge associated with the bladder or urinary tract.

### **Bone Support TONIC\***

Sizes offered: 4oz, 8oz

Ingredients: Symphytum, Equisetum, Terminalia, Harpagophytum, Arnica montana LOW DOSE,

Momordica grosvenorii

Recommended Dosing: Use 1 tsp 3x daily

Therapeutic Rationale: The herbs in this formula have been known to support integrity and strength of

bones.

#### **Bowel Calm TONIC\***

Sizes offered: 4oz, 8oz

Ingredients: Croton, Rubus fruiticosus, Olea, Dioscorea, Atractylodes, Atropa LOW DOSE, Vaccinium,

Momordica, EO Peppermint, EO Fennel, EO Roman Chamomile, EO Lavender

Recommended Dosing: Use 1/2 - 1 tsp 3x daily

Therapeutic Rationale: May be supportive for diarrhea and inflammatory bowel disease. The

ingredients in this formula have antimicrobial and antispasmodic qualities and can sooth and strengthen

the digestive tract.

### Clear Airways TONIC\*

Sizes offered: 1oz, 2oz

**Ingredients:** Glycerine, Lobelia inflata LOW DOSE, Symplocarpus foetidus, Scutellaria lateriflora, Actaea racemosa, Commiphora myrrha, Capsicum annuum, Thyme, Inula, EO Peppermint, EO Thyme, EO

Oregeno, EO Nutmeg, EO Ginger, EO Myrrh, EO Tea Tree, Manuka Honey

Recommended Dosing: Use 5-10 drops as needed

**Therapeutic Rationale:** Contains herbs and essential oils to support the respiratory system. It's known to

help clear phlegm and mucous, relieve cough, and reduce inflammation.

### Constipation TONIC\*

Sizes offered: 4oz

Ingredients: Frangula purshiana, Vegetable Glycerine, Rheum, Cinnamomum, Matricaria, Melissa, Hydrastis, Momordica grosvenorii, EO Peppermint, EO Fennel, EO Ginger, Potassium bicarbonate, Polygonum multiflorum, Rheum Palmatum, Corynanthe yohimbe LOW DOSE, Popophyllum peltatum

LOW DOSE, Glycyrrhiza glabra

**Recommended Dosing:** Use 1 tsp 3-6x daily

Therapeutic Rationale: This formula may restore, tone, and support movement of the bowels and may

reduce strain and pain associated with constipation.

### Flew Away TONIC

Sizes offered: 2oz, 4oz

**Ingredients:** Sambucus berry, Propolis, Echinacea, Astragalus, Baptisia, Ginger syrup, Glycyrrhiza, Hyssopus, Lonicera, Sambucus flower, Thuja, Zingiber, Eupatorium, Hydrastis, Usnea, Turska's LOW DOSE, EO Clove, EO Eucalyptus, EO Myrrh, EO Peppermint, EO Ginger, EO Thyme, EO Cinnamon

Recommended Dosing: Use 1/2 tsp 3-6x daily

**Therapeutic Rationale:** This formula is designed to provide short term support against illness when the immune system is stressed. These herbs can assist the body with naturally defending itself against environmental exposures to harmful organisms.

#### **GB Clear TONIC**

Sizes offered: 4oz, 8oz

Ingredients: Chionanthus, Chelidonium, Taraxacum root, Cynara, Silybum, Peumus, Citrus, Momordica

grosvenorii, EO Peppermint, EO Orange

Recommended Dosing: Acute use: 1 tsp 4x daily. Chronic use: 1 tsp 2x daily

Therapeutic Rationale: Supports overall gallbladder health and may help break down gallstones, moves

bile, and can have a dilating effect and enables smooth passage of debris.

#### Hemo-Arrest TONIC\*

Sizes offered: 4oz. 8oz

Ingredients: Capsella, Alchemilla, Erigeron-Cinnamon Compound®, Gossypium LOW DOSE, Geranium,

Achillea, Hydrastis, Momordica grosvenorii, Vitamin K **Recommended Dosing:** 1-2 dropperfuls 4-6x daily

**Therapeutic Rationale:** This formula was designed to support the stopping of excessive abnormal bleeding, assist with the normal clotting process, platelet aggregation and decrease capillary fragility.

### Lymphatic TONIC\*

Sizes offered: 4oz, 8oz

Ingredients: Galium, Ceanothus, Fouquieria, Achillea, Thuja, Scrophularia, Phytolacca LOW DOSE,

Zanthoxylum

Recommended Dosing: 1/2 - 1 tsp 2x daily

Therapeutic Rationale: This formula was designed to nourish the lymphatic system, to support

movement, drainage and elimination of toxins.

### Mederi Lung & Bronchial TONIC\*

Sizes offered: 4oz

**Ingredients:** Ginger syrup, Inula, Verbascum leaf, Prunus, Lobelia LOW DOSE, Scutellaria lat, Actaea, Myrrha, Capsicum LOW DOSE, Thymus, Trifolium, Linguisticum porterii, Aralia cali, Glycyrrhiza, Clear

Airways tonic, Manuka honey, EO Peppermint, EO Camphor

Recommended Dosing: 1-2 dropperfuls 4-6x daily

Therapeutic Rationale: The herbs in this formula are known to support healthy lung function, clear

breathing, and can be soothing to the respiratory tract.

### **Neutralizing Cordial\***

Sizes offered: 1oz, 2oz, 4oz

Ingredients: Vegetable Glycerine, Rheum, Peumus boldo, Cinnamomum, Matricaria, Melissa, Hydrastis,

Momordica grosvenorii, EO Peppermint, EO Fennel, EO Ginger, Potassium bicarbonate

Recommended Dosing: 1 dropperful as needed

Therapeutic Rationale: Based on an old Eclectic formula, this blend can support digestive upset, nutrient

assimilation, and liver and stomach function.

### **Mederi Tranquility TONIC**

Sizes offered: 4oz

Ingredients: Passiflora, Zizyphus, Piper meth., Avena, Scutellaria lat., Melissa, Matricaria, Verbena

hastata, Pedicularis, Momordica grosvenorii **Recommended Dosing:** 2 dropperfuls as needed

Therapeutic Rationale: Blended with herbs that are known to support relaxation, sleep, stress, and

overthinking.

#### Mense-Ease TONIC\*

Sizes offered: 4oz, 8oz

Ingredients: Piscidia, Viburnum prunifolium, Actea, Atropa belladonna LOW DOSE, Angelica sin,

Viburnum opulus, Petasites, Caulophyllum, Corydalis yanhusuo, Paeonia, Piper meth, Zingiber, Pulsatilla

LOW DOSE, Arnica montana LOW DOSE, Momordica grosvenorii

Recommended Dosing: 1/2 - 1 tsp 2x daily

**Therapeutic Rationale:** This formula was designed to support healthy menstruation. This blend may assist in moving blood and nourishing blood, promoting drainage, reducing stagnation, relaxing tension,

and supporting the liver.

#### Nausea Not TONIC\*

Sizes offered: 2oz, 4oz, 8oz

Ingredients: Neutralizing cordial, Zingiber, Citrus peel, Condurango, Cola, Asafetida, Lo han, EO Orange,

EO Ginger, EO Lemon, EO Fennel

**Recommended Dosing:** 1-3 dropperfuls in water as needed

Therapeutic Rationale: This formula is known to reduce nausea and digestive upsets from a variety of

causes.

\_\_\_\_\_

#### Ova Clear TONIC\*

Sizes offered: 4oz, 8oz

Ingredients: Aloe juice, Ceanothus, Vitex, Fouquieria, Nymphaea, Chionanthus, Angelica sin., Medicago, Phytolacca LOW DOSE, Iris, Fucus, Achillea, Zingiber, Collinsonia, Cinnamomum, Gelsemium LOW DOSE,

Bryonia LOW DOSE, Aconitum LOW DOSE, Momordica grosvenorii, Potassium iodide

Recommended Dosing: 1 tsp 3x daily

Therapeutic Rationale: This formula may support fluid on the ovaries or infection from ruptured cysts. It

may support healthy lymphatic drainage, particularly in the pelvic and groin area.

### Saliva Flow Spray TONIC\*

Sizes offered: 2oz, 4oz

Ingredients: Aloe juice, Calendula oil, Zanthoxylum, Echinacea, Glycyrrhiza, Coleus, Spilanthes,

Pilocarpus jaborandi LOW DOSE, Momordica grosvenorii, Zinc, Vit A, Vit E, Sea Buckthorn Oil, EO Clove,

EO Fennel, EO Peppermint

Recommended Dosing: Spray in mouth 4-6x daily, or as needed

Therapeutic Rationale: This formula is designed to help increase the production of saliva from the

salivary glands for those with dry mouth.

### Pleurisy Effusion TONIC\*

Sizes offered: 4oz, 8oz

Ingredients: Mederi Lung & Bronchial tonic, Asclepias, Urginea LOW DOSE, Inula, Cordyceps, Bryonia LOW DOSE, Ceanothous, Arctium seed, Convallaria LOW DOSE, Arjuna, Crateagus, Urtica leaf and seed,

Coleus, EO Thyme

**Recommended Dosing:** 1 tsp 3-4x daily

Therapeutic Rationale: This formula is designed to support lymphatic drainage, and to assist in reducing

fluid in the lungs.

#### Sinus Clear TONIC\*

Sizes offered: 4oz, 8oz

Ingredients: Euphrasia officinalis, Sambucus flower, Hydrastis, Eriodictyon, Matricaria recutita, Lobelia

inflata LOW DOSE

**Recommended Dosing:** 10-20 drops in water 3-4x daily

Therapeutic Rationale: This product may support the opening and drainage of the sinus cavity and

promote healthy mucous membranes.

### **Sleep-N-Ease TONIC**

Sizes offered: 2oz, 4oz, 8oz

Ingredients: Avena, Passiflora, Kava Extract Powder, Piper, Pedicularis, Scutellaria lat., Valeriana, Humulus, Zizyphus, Matricaria, Lavendula, Zingiber, Lo han, EO Chamomile, EO Lavender, EO Orange,

**EO Nutmeg** 

Recommended Dosing: 1-4 dropperfuls before bed

Therapeutic Rationale: This product was formulated to promote restful sleep and general relaxation, soothe the central nervous system, reduce stress, assist with relaxation, and promote restful sleep.

Stock Formulas pg 12

### Soothing Mouth Spray TONIC\*

Sizes offered: 2oz, 4oz

**Ingredients:** Silvercillin<sup>™</sup>, Aloe juice, Calendula succus, Propolis alcohol free, Glycyrrhiza, Symphytum, Althea, Croton, Arnica LOW DOSE, Momordica grosvenorii, Hydrastis, Zinc, Vit A, EO Myrrh, EO Clove,

**EO Fennel** 

**Recommended Dosing:** Spray in mouth several times throughout the day

Therapeutic Rationale: This product is formulated to provide support for those with inflammation,

irritation of the mucous membrane of the mouth and upper digestive tract.

#### Stone Breaker TONIC\*

Sizes offered: 4oz, 8oz

**Ingredients:** Hydrangea, Phyllanthus, Rubia, Eupatorium purpureum, Zea, Phylanthus niruri, Ammi, Chimaphila, Equisetum, Plantago, Crataeva, Belladonna LOW DOSE, Momordica grosvenorii, Vitamin K,

EO Lemon

Recommended Dosing: 2-4 dropperfuls 4-6x daily

**Therapeutic Rationale:** This formula contains a blend of herbal extracts that can support optimal urinary tract function. The ingredients are known to stimulate urine flow, have antimicrobial, antispasmodic and pain-relieving qualities, and discourage the formation of calcium oxalate crystals.

### **Super Kava TONIC**

Sizes offered: 2oz, 4oz

**Ingredients:** Kava extract power, Piper meth. tincture **Recommended Dosing:** 1-2 dropperfuls at night

Therapeutic Rationale: Kava may support sleep, stress and anxiety.

#### **T-Down TONIC**

Sizes offered: 2oz, 4oz, 8oz

**Ingredients:** Leonurus, Lycopus, Gromwell, Melissa **Recommended Dosing:** 1/2 - 1 tsp 3-4x daily

Therapeutic Rationale: This formula contains a blend of herbal extracts that support healthy thyroid

function.

#### Tick Tonic TONIC\*

Sizes offered: 4oz, 8oz

**Ingredients:** Smilax, Corydalis, Ceanothus, Echinacea, Guaiacum, Stillingia, Scrophularia, Baptisia, Phytolacca LOW DOSE, Thuja, Artemisia absinthium, Propolis, Mahonia, Plantago, Isatis, Hydrastis,

Podophyllum LOW DOSE, Arctium seed, Zingiber, Potassium Iodine drops

Recommended Dosing: 1/2 - 1 tsp 2-4x daily

Therapeutic Rationale: This product was formulated to support Lyme disease. The ingredients are anti-

microbial and support lymphatic movement and drainage.

### **Tummy TONIC**

Sizes offered: 2oz, 4oz, 8oz

Ingredients: Matricaria, Melissa, Zingiber, Lo han, EO Peppermint, EO Fennel

Recommended Dosing: 1-2 dropperfuls with meals

Therapeutic Rationale: These herbs may reduce indigestion, gas, bloating and nausea, as well as

decrease stomach spasms and promote relaxation.

### **U-Cleanse TONIC**

Sizes offered: 4oz, 8oz

Ingredients: Urtica seed, Apium seed, Harpagophytum, Filipendula, Chimaphila, Juniperus berry, Arctium

seed, Barosma, Momordica grosvenorii **Recommended Dosing:** 1 tsp 2-4x daily

Therapeutic Rationale: This formula is designed to support the kidneys and can provide relief to joint

pain and inflammation associated with gout.

\_\_\_\_\_

#### **U-Heal Low Alcohol TONIC**

Sizes offered: 1oz, 2oz, 4oz

Ingredients: Propolis alcohol free, Croton, Echinacea, Calendula succus, Symphytum, Manuka Honey,

Hydrastis, Nigella oil, EO Cinnamon, EO Clove, EO Lavender, EO Myrrh, EO Tea Tree

Recommended Dosing: 2 dropperfuls 3x daily

**Therapeutic Rationale:** Known as a broad spectrum anti-microbial and wound healer. This product can be taken internally or used topically by applying a couple drops to the wound and blow drying to seal

like a bandaid.

#### **Under Pressure TONIC\***

Sizes offered: 4oz, 8oz

Ingredients: Crataegus, Coleus, Ganoderma, Terminalia, Tilia, Ammi, Rauwolfia LOW DOSE, Viscum LOW

DOSE, Vinca, Achillea, Taraxacum leaf, Momordica grosvenorii

Recommended Dosing: 1 tsp 2x daily

Therapeutic Rationale: This tonic contains a blend of herbal extracts that can strengthen and regulate

the cardiovascular system and help maintain healthy blood pressure.

\_\_\_\_\_

### **Uterine Clear TONIC\***

Sizes offered: 4oz, 8oz

**Ingredients:** Fraxinus, Vitex, Nymphaea, Ceanothus, Phytolacca LOW DOSE, Fouquieria, Fucus, Iris/Blue Flag, Angelica sin., Paeonia, Bupleurum, Momordica grosvenorii, Potassium Iodide, Cinnamomum

Recommended Dosing: 1 tsp 2-3 daily

Therapeutic Rationale: The ingredients in this formula support a healthy hormonal balance, promote

lymphatic movement and circulation as well as tonify and strengthen the uterus.

#### **TOPICAL STOCK FORMULAS**

#### **Aromatic Shea TOPICAL**

Sizes offered: 1oz, 2oz

Ingredients: Shea Butter, Calendula Oil, EO Peppermint, EO Eucalyptus, EO Camphor, Nigella SCFE, EO

Lavender, EO Tea Tree, EO Ginger, EO Nutmeg

Recommended Use: Apply to nasal, chest, or throat 1-3x daily

Therapeutic Rationale: Formulated as a Vicks® VapoRub alternative. This can be used to support

congestion and infection.

#### **Bloodroot Turmeric Cream TOPICAL\***

Sizes offered: 1oz

Ingredients: Melazapam®, Shea butter, DMSO™ gel, Turmeric, Bloodroot, Chaparral, HonoPure®, InflamAway™, Phyto- Cyto™, BiAloe®, EO Frankincense, Squalane, Yew, Thuja, Vit A, EO Birch, EO Sandalwood, Zinc Plus®, EO Birch

**Recommended Use:** Apply to the area 1-2x daily for 1-2 weeks. Keep it covered with a band aid during this time. Then take a week off. During the week off you should notice skin sloughing off. You can help peel it off as well. After the week off, you can apply again for one more week if necessary.

**Therapeutic Rationale:** This product was formulated for external applications to support nonmalignant, pre-malignant and malignant basal and squamous cell skin growths.

#### Circu-Warm TOPICAL

Sizes offered: 2oz, 4oz

Ingredients: Magnesium gel, Neuro-Relief, L-Citrulline

Recommended Use: Apply to hands and feet 3-4x daily, or as needed

Therapeutic Rationale: This formula was created to use on extremities to support circulation and

warmth.

### **Cool Ease Cream TOPICAL**

Sizes offered: 1oz, 2oz, 4oz

Ingredients: Calendula Cream, Silvercillin Gel™, Aloe Gel, Calendula succus, Propolis A/F, Dragon's Blood, Comfrey, Throat & Gland™, Manuka Honey, Oil of Anointment®, Vit E Oil, Sea Buckthorn Oil, Vit A myc., Zinc Sulfate, BiAloe®, EO Lavender, EO Blue Chamomile, EO Helichrysum

Recommended Use: Apply 2-3x daily

**Therapeutic Rationale:** This product was created for external application to areas after undergoing radiation, ed several times per day. It is known to soothe inflammation, reduce redness and pain and promote healing.

#### **Fun-G Fighter Cream TOPICAL**

Sizes offered: 1oz, 2oz

Ingredients: Myco-Can Cream, Throat & Gland™, EO Tea Tree, Propolis, Usnea, EO Lavender, EO

Rosemary, EO Clove, EO Blue Chamomile Recommended Use: Apply 2-3x daily

Therapeutic Rationale: This formula was designed to provide support against fungal infections.

#### **Hair Formula TOPICAL**

Sizes offered: 1oz

**Ingredients:** Base Cream<sup>®</sup>, Saw Palmetto, Nigella oil, Pumpkin Seed Oil, Jojoba Oil, Jujube, DMSO™ liquid, Cayenne, Sunflower Lecithin, Lanolin, Schisandra, Zanthoxylum, Jaborandi, Thuja, EO

Peppermint, EO Bay leaf, EO Rosemary, EO Pepper, EO Nutmeg

**Recommended Use:** Apply 2-3x daily to the scalp.

Therapeutic Rationale: This product is formulated to support the reduction and prevention of hair loss.

### **Healing Cream TOPICAL**

Sizes offered: 2oz, 4oz

Ingredients: Calendula Cream, Comfrey Cream, U-Heal low alcohol, BiAloe Powder®, Sea Buckthorn Oil,

Vitamin E Oil, Vitamin A, Zinc

Recommended Use: Apply 2-3x daily

Therapeutic Rationale: This formula is anti-infectious and can support tissue healing.

### **LymFlow Lotion TOPICAL**

Sizes offered: 1oz, 2oz

Ingredients: Base Cream®, Poke Oil Plus, St. John's Wort Oil, Arnica montana, EO Bay Laurel, EO Cypress,

EO Ginger, EO Grapefruit, EO Rosemary, A-Mulsion®, DMSO™ gel

Recommended Use: Apply 2-3x daily

Therapeutic Rationale: This product is designed to support lymphatic movement and drainage.

#### **Neuro-Relief Lotion TOPICAL**

Sizes offered: 1oz, 2oz, 4oz

Ingredients: Base Cream®, St. John's Wort Oil, Black Cumin Seed Oil, Magnesium gel, Gotu Kola Oil, Cayenne, Aconite, DMSO™ gel, Vit E Oil, EO Bay Laurel, EO Nutmeg, EO Black Pepper, EO Rosemary, EO

Wintergreen, EO Clove

Recommended Use: Apply as needed

Therapeutic Rationale: This formula was created to support neuropathy, or any other pain associated

with the nerves.

#### **Oil of Anointment TOPICAL**

Sizes offered: 10ml

Ingredients: EO Frankincense, EO Lavender, EO Holy Basil, EO Sandalwood, EO Spikenard, EO Myrrh, EO

Nutmeg, EO Rose, St. John's Wort Oil, Shea Butter, Beeswax, DMSO™ liquid

Recommended Use: Massage a small amount of Oil of Anointment to an area of the body that needs

healing, as well as hands, feet, and/or forehead with prayers and sacred intent.

**Therapeutic Rationale:** Oil of Anointment is a blend of sacred essential oils for blessing, healing & protection. When used for the sick, suffering and ascending, the act of anointing is called the Sacred

Mystery of Unction.

Challes and a second a second and a second a

### Oak & Ivy Cream TOPICAL

Sizes offered: 4oz

Ingredients: Witch Hazel, Grindelia, Aloe Vera Gel, Silvercillin Gel™, Bentonite Clay, Witch hazel, Dragon's blood, Echinacea, Goldenseal, BiAloe Powder®, Xanthan Gum, EO Lavender, EO Tea Tree Recommended Use: Apply 2-3x daily. It can be mixed with bentonite clay and made into a paste with

water.

Therapeutic Rationale: This product is formulated to provide relief from and shorten the duration of

symptoms and inflammation associated with poison oak, ivy, or sumac outbreaks.

### **Poke Oil Plus TOPICAL**

Sizes offered: 1oz, 2oz, 4oz

Ingredients: Phytolacca/Poke Oil, Squalane, Arnica oil, St. John's Oil, DMSO™, Vitamin E Oil, EO

Lavender, EO Rosemary, EO Frankincense, EO Rose Geranium

Recommended Use: Apply 1-2x daily with heat

**Therapeutic Rationale:** This formula was designed for transdermal application to support lymphatic movement and drainage. It is useful for any conditions in which lymphatic support is indicated, such as

breast health.

#### **Renew Essential Oil**

Sizes offered: 10mL

**Ingredients**: EO Tea Tree, EO Eucalyptus, EO Clove, EO Thyme, EO Sweet Orange, EO Lavender, EO Rosemary, EO Lemongrass, EO Cinnamon, EO Myrrh, EO Oregano, EO Nutmeg, EO Black Pepper

Recommended Use: Use as needed

**Therapeutic Rationale:** These potent essential oils, meant to be used in a diffuser or used topically, are formulated to support bacterial, viral, and fungal disturbances. The aroma of this blend is pleasant, and promotes protection, cleansing, and relaxation.

#### Sacred T Ointment TOPICAL

Sizes offered: 1oz, 2oz, 4oz

Ingredients: Cocoa butter, Phyto-Cyto™, EO Frankincense, Poke Oil Plus, Black Cumin, Larrea/ Chapparal,

DMSO™ gel, Thuja oil, Sage (Ursolic acid), BiAloe Powder®, Aloe Gel, Beeswax, Vit A

**Recommended Use:** Apply to affected area 2-3x daily

**Therapeutic Rationale:** This is a formula designed for transdermal application over tumor sites. The ingredients of this formula can activate cellular defense mechanisms to promote normal cell function

and enhance immune responses.

### **Scar Lotion TOPICAL**

Sizes offered: 2oz, 4oz

Ingredients: Poke Oil Plus, Calendula Cream, Vit E Oil, Calendula Oil, EO Bay Laurel, EO Cypress, EO

Frankincense, EO Ginger, EO Grapefruit

**Recommended Use:** Massage 2x daily to area. Do not apply to broken skin.

Therapeutic Rationale: This product can support healthy blood, lymph and oxygen movement to a

scarred area so that the tissue can be remodeled in a more organized manner.

#### Skin Protect TOPICAL

Sizes offered: 20z. 40z

Ingredients: Comfrey Cream, Calendula Cream, Shea Butter, Squalane, Calendula Oil, Vegetable Glycerin, Cocoa Butter, Sunflower Lecithin, Vit E Oil, Vital Adapt®, Lanolin, Rosemary, Green Tea, Turmeric, Xanthan gum, Rose Hip Seed Oil, Sea Buckthorn Oil, Milk Thistle, Sage, Centella, Bentonite clay, Vit A, CoQ 10, Propolis, EO Lemongrass, EO Frankincense, EO Helichrysum, EO Lavender, EO Rosemary, EO

Blue Chamomile, EO Helichrysum, EO Bay Laurel

Recommended Use: Apply pre and post burn. Use 2-3x daily

Therapeutic Rationale: This formula is known to moisten the skin and protect from oxidative sun damage caused by UV radiation. It also supports the skin from other causes of oxidative damage and aging.

### **Soothing Cream TOPICAL**

Sizes offered: 2oz, 4oz

Ingredients: Phytovir Plus Cream, Comfrey Cream, Calendula oil, Aloe gel, BiAloe Powder®, Gotu Kola oil, Jojoba oil, Lanolin, Propolis, Sea Buckthorn oil, Licorice, Comfrey, Squalane oil, Vit E oil, Vit A, Vit D, EO

Blue Chamomile, EO Lavender, EO Tea Tree

**Recommended Use:** Apply to affected area 2-3x daily

Therapeutic Rationale: This product was formulated to support inflammatory skin conditions such as

eczema, psoriasis, dermatitis and skin rashes.

### Thuja Compound TOPICAL

Sizes offered: 1oz

Ingredients: Thuja, Celandine, Cayenne, DMSO™, EO Tea Tree, EO Wintergreen

Recommended Use: Mix a few drops with crushed aspirin to make a paste. Apply to area, cover with

band-aid. Use 2x daily.

**Therapeutic Rationale:** This product is known to support the elimination of warts.

#### **Trauma Gel TOPICAL**

Sizes offered: 2oz, 4oz

Ingredients: Herbal Ice®, Arnica Oil, Aloe gel, DMSO™ gel, St. John's Wort oil, Aconite,

Capsicum/Cayenne, Willow, Arnica, Belladonna, Piper Kava, Comfrey, EO Birch, EO Frankincense, EO

Wintergreen, EO Rosemary, EO Clove, EO Peppermint, EO Eucalyptus, Xanthan Gum

Recommended Use: Apply 2-3x daily

Therapeutic Rationale: This formula is indicated for neuromuscular pain and inflammation of the joints,

tendons and muscles, as well as for other musculoskeletal degenerative conditions.

### **Vain Cream TOPICAL**

Sizes offered: 2oz

Ingredients: Witch Hazel Cream, Aloe gel, Witch Hazel, Vit E oil, Vit K, EO Bay Laurel, EO Cypress, EO

Grapefruit

**Recommended Use:** Apply to area 2x daily

**Therapeutic Rationale:** This product is designed to support the tonification of veins and capillaries by promoting vascular movement and drainage, while also reducing permeability through the tightening of the endothelial mesh of the capillary walls.

### SALVE STOCK FORMULAS

Salves are formulated to be molded by patient into a suppository and used vaginally or rectally.

Molds and instruction card will be included in the order.

### Artemis PLUS® PhytoCyto Combo SALVE

Sizes offered: 15ct = 2oz, 30ct = 4oz

Ingredients: Cocoa butter, Phyto-Cyto™, Artemis Plus®, Butyric Acid, Thuja, Bloodroot, BiAloe®, Aloe Gel,

Vit A, Glycerin, Sunflower Lecithin **Recommended Use:** Use 1-2x daily

Therapeutic Rationale: This product is designed to provide support for those with colorectal, liver, or

GYN cancer.

#### **BV SALVE**

**Sizes offered**: 15ct = 2oz, 30ct = 4oz

Ingredients: Cocoa butter, Coconut Oil, Calendula Oil, Marshmallow powder, Goldenseal, Usnea

tincture, EO Thyme, EO Lavender, EO Tea Tree

Recommended Use: Use 1-2x daily

Therapeutic Rationale: This product contains herbal extracts that can offer relief of itching, swelling, and

discomfort associated with vaginosis.

### **CVX SALVE**

**Sizes offered:** 15ct = 2oz, 30ct = 4oz

**Ingredients:** Cocoa butter, Phyto-Cyto<sup>™</sup>, Artemis Plus<sup>®</sup>, Throat & Gland<sup>™</sup>, Thuja, Squalane, Chaparral, Mayapple, BiAloe<sup>®</sup>, Vit A, Sunflower Lecithin, Marshmallow Root Powder, Glycerin, Sunflower Lecithin

Recommended Use: Use 1-2x daily

Therapeutic Rationale: Known to support HPV, cervical dysplasia, cervical cancer, and herpes infections.

#### **Hem-Tone SALVE**

Sizes offered: 15ct = 2oz, 30ct = 4oz

**Ingredients**: Cocoa butter, Coconut oil, Stone root, Calendula Oil, Gotu Kola Oil, Marshmallow Root Powder, Red root, Witch Hazel Tincture, U-Heal alcohol free, Vitamin E Oil, EO Lavender, EO Blue

Chamomile, Glycerin, Sunflower Lecithin **Recommended Use:** Use 1-2x daily

Therapeutic Rationale: This product contains herbal extracts that can support itching, swelling, pain,

and discomfort associated with hemorrhoids.

#### **Meno Moist SALVE**

**Sizes offered**: 15ct = 2oz, 30ct = 4oz

Ingredients: Cocoa butter, Coconut Oil, Calendula Oil, Squalane Oil, Marshmallow Root Powder, Maca

Root Powder, Shatavari, Black Cohosh, Vitamin E Oil, EO Lavender, DHEA

**Recommended Use:** Use 1-2x daily

**Therapeutic Rationale:** Designed to provide support for irritation associated with vaginal dryness. The ingredients have qualities that can be lubricating, anti-inflammatory and soothing to the vaginal tissue, as well as support the vaginal lining and elasticity.





# **Bulk Tonic Ingredients**

\*Glycerites will be highlighted in red

<b>Latin Name</b>	<b>Common Name</b>	Plant Part
Achillea millefolium	Yarrow	leaf & flower
Achillea millefolium Glycerite	Yarrow Glycerite	leaf & flower
Acorus calamus	Calamus Root, Sweet Flag	root
Actaea racemosa	Black Cohosh	root
Aesculus hippocastanum	Horse Chestnut	nut
Agrimonia spp	Agrimony	flowering tops
Albizzia lebbek	Mimosa tree, Silk tree	bark
Alchemilla vulgaris	Lady's Mantle	aerial
Althaea officinalis	Marshmallow	root
Ammi visnaga	Khella	fruit
Andrographis paniculata	Andrographis	aerial
Anemopsis californica	Yerba Mansa	root
Angelica archangelica	Angelica	root
Angelica sinensis	Dong Quai	root
Apium graveolens	Celery	seed
Aralia nudicaulis	Wild Sarsaparilla	root
Arctium lappa ROOT	Burdock	root
Arctium lappa SEED	Burdock	Seed
Arctostaphylos uva-ursi	Uva Ursi, Bearberry	leaf
Asclepias tuberosa	Pleurisy root	root
Asparagus racemosus	Shatavari	root
Astragalus membranaceus	Astragalus	root
Atractylodes macrocephala	Atracylodes	root
Avena sativa	Oats, Milky oats	milky seed
Avena sativa Glycerite	Oats, Milky oats Glycerite	milky seed
Bacopa monnieri	Васора	aerial
Baptisia tinctoria	Wild Indigo	root
Barosma betulina	Buchu	leaf

<b>Latin Name</b>	<b>Common Name</b>	Plant Part
Boswellia serrata	Frankincense	resin
Bupleurum falcatum	Bupleurum	root
Calendula officinalis	Calendula	flower
Calendula officinalis JUICE	Calendula succuss	Flower juice
Camellia sinensis	Green Tea	leaf
Campotheca acuminata	Chinese Happy Trea	seed
Capsella bursa-pastoris	Shepherd's Purse	leaf & flower
Ceanothus americanus	Red Root	root
Centella asiatica	Gotu Kola	whole plant
Chelidonium majus	Greater Celandine	whole plant
Chimaphila umbellata	Pipsissewa	whole plant
Chionanthus virginica	Fringe Tree	root bark
Chrysanthemum grandiflorum	Chrysanthemum	flower
Cinnamomum zeylanicum	Cinnamon	bark
Citrus reticulata	Orange	peel
Cola acuminata	Kola	seed
Coleus forskohlii	Coleus	root
Collinsonia canadensis	Stone Root	whole plant
Commiphora mukul	Guggul	resin
Commiphora myrrha	Myrrh	resin
Coptis chinensis	Coptis	root
Cordyceps sinensis	Cordyceps	mycelium
Corydalis yanhusuo	Corydalis	rhizome
Crataegus spp	Hawthorn	leaf, flowers, fruit
Crataeva nurvala	Three-Leaf Caper Bark	bark
Croton lechleri	Dragon's Blood	sap
Cryptolepis sanguinolenta	Cryptolepis	root
Curcuma longa	Turmeric	rhizome
Cynara scolymus	Artichoke	leaf
Dioscorea villosa	Wild Yam	root
Echinacea combo: E. angustifolia, E.	Echinacea	root & flower
pallida, E. purpurea		
Eletaria cardamomum	Cardamon	seed
Eleutherococcus senticosus	Siberian Ginseng, Eleuthero	root
Epimedium koreanum	Horny Goat Weed	aerial
Equisetum arvense	Horsetail	aerial
Eriodictyon californicum	Yerba Santa	leaf
Eschscholtzia californica	California Poppy	aerial
Eupatorium perfoliatum	Boneset	flowering tops

Latin Name	Common Name	Plant Part
Eupatorium purpureum	Gravel Root	root
Euphrasia officinalis	Eyebright	flowering tops
Ferula Assa-foetida	Foetida	resin
Filipendula ulmaria	Meadowsweet	flowering tops
Foeniculum vulgare	Fennel	seed
Fouquieria splendens	Ocotillo	bark
Frangula purshiana	Cascara Sagrada	bark
Fraxinus americana	White Ash	bark
Fucus vesiculosus	Bladderwrack	seaweed
Galega officinalis	Goat's Rue	aerial
Galium aparine	Cleavers	aerial
Galium aparine Glycerite	Cleavers Glycerite	aerial
Ganoderma sinensis	Reishi	fungus
Geranium maculatum	Wild Geranium; Cranesbill	root
Ginkgo biloba	Ginkgo	leaf
Glycyrrhiza glabra	Licorice	root
Grindelia spp.	Grindelia; Gumweed	aerial
Guaiacum officinale	Guaiac	Resin
Gymnema sylvesstre	Gymnema	leaf
Hamamelis virginiana	Witch Hazel	bark
Harpagophytum procumbens	Devil's Claw	tuber
Hericium erinaceus	Lion's Mane	fungus
Humulus lupulus	Hops	strobiles
Hydrangea arborescens	Hydrangea	root
Hydrastis canadensis	Goldenseal	root
Hypericum perforatum Glycerite	St. John's Wort Glycerite	flowering tops
Hypericum perforatum	St. John's Wort	flowering tops
Hyssopus officinalis	Hyssop	flowering tops
Inonotus obliquus	Chaga	fungus
Inula helenium	Elecampane	root
Iris versicolor	Blue flag	root
Isatis tinctoria	Isatis, Woad	root
Juglans nigra	Black Walnut	hull
Juniperus communis	Juniper	fruit
Lactuca serriola	Wild Lettuce	leaf
Larrea tridentata	Chaparral, Creosote Bush	leaf & flower
Lavandula officinalis	Lavender	flower
Leonurus cardiaca	Motherwort	leaf
Leptandra virginica	Culver's Root	root

Latin Name	Common Name	Plant Part
Ligusticum porteri	Osha	root
Ligustrum lucidum	Ligustrum	fruit
Lithospermum ruderale	Stoneseed, Gromwell	root
Lobaria pulmonaria	Lungwort	lichen
Lomatium dissectum	Biscuit root, Lomatium	root
Lonicera japonica	Honeysuckle	flower
Lycopus virginicus	Bugleweed	flowering tops
Mahonia aquifolium	Oregon Grape Root	root
Marsdenia cundurango	Condurango	bark
Matricaria recutita Glycerite	Chamomile Glycerite	flower
Medicago sativa	Alfalfa	Leaf
Melissa officinalis	Lemon Balm	leaf
Melissa officinalis Glycerite	Lemon Balm Glycerite	leaf
Mitchella repens	Squaw Vine, Partridge Berry	aerial
Momordica charantia	Bitter Gourd, Bitter Melon	fruit
Momordica grosverorii	Monk Fruit	fruit
Mucuna pruriens	Velvet Bean	seed
Myrica cerifera	Bayberry	bark
Nepeta cataria Glycerite	Catnip Glycerite	leaf
Nymphea odorata	Water Lily	rhizome
Ocimum sanctum	Holy Basil	leaf
Olea europea	Olive	leaf
Oplopanax horridus	Devil's Club	root bark
Paeonia lactiflora	White Peony	root
Panax quinquefolius	American Ginseng	root
Panax ginseng	Red Ginseng	root
Parietaria officinalis	Pellitory of the Wall	aerial
Passiflora incarnata	Passionflower	aerial
Pedicularis rasemosa	Betony	aerial
Petasites palmatus	Butterbur	herb
Peumus boldo	Boldo	leaf
Phyllanthus amarus	Stonebreaker	aerial
Piper methysticum	Kava	rhizome & root
Piscidia piscipula	Jamaican Dogwood	bark
Plantago major	Plantain	leaf
Polygonum multiflorum	Fo Ti	root
Polygonatum biflorum	Solomon's Seal	root
Poria cocos	Poria	fungus
Propolis	Propolis, Bee Resin	resin

Latin Name	Common Name	Plant Part
Propolis 65%	Bee Resin	resin
Propolis A/F	Bee Resin	resin
Prunella vulgaris	Self-Heal	flowering tops
Prunus serotina	Wild Cherry	bark
Ptychpetalum olacoides	Muira puama	bark
Rehmannia glutinosa PREPARED	Rehmannia, Prepared	root
Rehmannia glutinosa RAW	Rehmannia, Raw	root
Rheum palmatum	Turkey Rhubarb	root
Rhodiola rosea	Arctic Rose Root	root
Rosa damascena	Rose	flower
Rosmarinus officinalis	Rosemary	leaf
Rubia tinctoria	Madder	root
Rubus fruticosus	Blackberry	root
Rubus idaeus	Raspberry	leaf
Rumex crispus	Yellow Dock	root
Ruscus aculeatus	Butcher's Broom	aerial
Salix spp.	Willow	bark
Salvia miltiorrhiza SALVIA MILT.	Chinese Salvia	root
Salvia officinalis SALVIA OFF.	Common Sage	leaf
Sambucus nigra BERRIES	Elderberry	fruit
Sambucus nigra BERRIES Glycerin	Elderberry Glycerite	fruit
Sambucus nigra FLOWERS	Elder	flowers
Sanguinaria canadensis	Bloodroot	root
Sarracenia spp.	Pitcher Plant Blend	leaf
Schisandra chinensis	Schisandra	berry
Scrophularia nodosa	Figwort	flowering tops
Scutellaria baicalansis	Chinese or Baical Skullcap	root
Scutellaria lateriflora	Skullcap	leaf and flower
Selenicereus grandiflorus	Night-blooming cereus	stem
Serenoa repens	Saw Palmetto	fruit
Silybum marianum	Milk Thistle	seed
Smilax regelii	Sarsaparilla	root
Solidago spp.	Goldenrod	flowering tops
Spilanthes acmella	Spilanthes, Toothache Plant	flowering tops
Stillingia silvatica	Stillingia	root
Symphytum officinale	Comfrey, Knit bone	root
Syzygium jambolana	Jambolan	seed
Tabebuia impetiginosa	Pau d'Arco, Taheebo	inner bark
Taraxacum officinale LEAF	Dandelion leaf	leaf

Latin Name	Common Name	Plant Part
Taraxacum officinale ROOT	Dandelion root	root
Taxus brevifolia	Pacific Yew	bark and leaf
Terminalia arjuna	Arjuna	bark
Thuja occidentalis	Thuja, Cedar	leaf
Thymus vulgaris	Thyme	leaf
Tilia spp	Linden; Lime Tree	flower with bract
Tribulus terristris	Tribulus	aerial
Trifolium pratense	Red Clover	flower and leaf
Trigonella foenum-graecum	Fenugreek	seed
Turnera diffusa var. aphrodisiaca	Damiana	leaf
Uncaria tomentosa	Cat's Claw	bark
Urtica dioica LEAF	Stinging Nettle leaf	leaf
Urtica dioica ROOT	Stinging Nettle root	root
Urtica dioica SEED	Stinging Nettle seed	seed
Usnea spp.	Usnea; Old Man's Beard	lichen
Vaccinium myrtillus	Billberry	Leaf/Berry
Valeriana officinalis	Valerian	fresh root
Verbascum thapsus LEAF	Mullein leaf	leaf
Verbena hastata	Blue Vervain	flowering tops
Viburnum opulus	Cramp Bark	bark
Viburnum prunifolium	Black Haw	bark
Vinca major	Periwinkle	leaf and flower
Viola sororia	Violet	leaf
Vitex agnus-castus	Chaste Tree	fruit
Withania somnifera	Ashwagandha	root
Yucca elata FLOWER	Yucca flower	flowers
Zanthoxylum clava-herculis	Prickly Ash	bark
Zea Mays	Corn Silk	style & stigma
Zingiber officinale	Ginger	rhizome
Zizyphus spinosa	Zizyphus	seed

# **Tonic Formula Ingredients**

<b>Product Name</b>	Ingredients
Dan Zhi Xio Yao San	Bupleurum falcatum Root and Paeonia laterifora Root
Phyto-Cyto™ By Natura Health Products	Pacific Yew (Taxus brevifolia) Leaf and Bark, Madagascar Periwinkle (Catharanthus roseus) Aerial, Camptotheca acuminata Seed., Mistletoe (Viscum album) Thallus, Paw Paw (Asimina triloba) Seed and Bark, Poke (Phytolacca americana) Root, May Apple (Podophyllum peltatum) Root, Luo Han Guo (Siraitia grosvenorii) Fruit, Ginger, (Zingiber officinalis) Essential Oil, Sweet Orange (Citrus sinensis) Essential Oil
Power Adapt® By Natura Health Products	Eleutherococcus senticosus Root, Schisandra chinensis Berry, Ashwagandha (Withaniasomnifera) Root, Panax ginseng Root, Rhaponticum carthamoides Root, Rhodiola rosea Root, Pantocrine (Cervus elaphus), American Ginseng (Panax quinquefolius) Root, Cordyceps (Cordyceps militaris) Mushroom Fruiting Body, Fresh Oat (Avena sativa) Seed, Licorice (Glycyrrhiza glabra) Root
Vital Adapt® By Natura Health Products	Eleutherococcus senticosus Root, Schisandra chinensis Berry Fresh Ashwagandha (Withania somnifera) Root, Rhodiola rosea Root, American Ginseng (Panax quinquefolius) Root, Rosehip (Rosa canina) Fruit, Reishi Mushroom (Ganoderma lucidum), Cordyceps (Cordyceps sinensis), Mycelium, Hawthorn (Crataegus laevigata or monogyna) Leaf, Flower and Berry, Turmeric (Curcuma longa) Root, Green Tea (Camellia sinensis) Leaf 95% Polyphenols, Elderberry (Sambucus nigra) Fruit, Licorice (Glycyrrhiza glabra) Root, Ginger (Zingiber officinale) Root, Grape (Vitis vinifera) Seed 95% Polyphenols, Grape (Vitis vinifera) Skin 50% Polyphenols



# **Low-Dose Bulk Tonic Ingredients List**

\* Use with Care\*

Latin Name	Common Name	Plant Part
Aconitum napellus	Aconite, Monkshood	root
Armoracia rusticana	Horseradish	root
Arnica montana	Arnica	flower
Atropa belladonna	Belladonna	aerial
Bryonia dioica	Bryony	root
Capsicum annuum	Cayenne	fruit
Catharanthus roseus	Madagascar Periwinkle	aerial
Colchicum autumnale	Autumn Crocus	corm
Convallaria majalis	Lily of the Valley	aerial
Corynanthe yohimbe	Yohimbe	bark
Cytisus scoparius	Scotch Broom	herb & flower
Gelsemium sempervirens	Yellow Jasmine	root/ rhizome
Gossypium herbaceum	Cotton root	root bark
Hyoscyamus niger	Henbane	aerial
Lobelia inflata	Lobelia	herb & seed
Phytolacca americana	Poke	root
Pilocarpus jaborandi	Jaborandi	leaf
Podophyllum peltatum	May Apple; Mandrake	root
Pulsatilla vulgaris	Pulsatilla, Pasqueflower	aerial
Rauvolfia serpentina	Rauwolfia	root
Urginea indica	Indian Squill	bulb
Viscum album	Mistletoe	aerial



# **Bulk Teas**

Common Name	Latin Name
Alfalfa leaf	Medicago sativa
Angelica root	Angelica archangelica
Anise seed	Pimpinella anisum
Ashwagandha	Withania somnifera
Astragalus root	Astragalus membranaceus
Boneset leaf	Eupatorium perfoliatum
Burdock root	Arctium lappa
Calendula flower	Calendula officinalis
Cardamom seed	Elletaria cardamomum
Cat's Claw bark	Uncaria tomentosa
Chamomile flower	Matricaria recutita
Chaparral leaf	Larrea tridentata
Chrysanthemum flowers	Dendranthema indica
Cinnamon bark	Cinnamomum burmanii
Codonopsis root	Codonopsis pilosula
Coltsfoot leaf	Tussilago farfara
Cornsilk tassles	Zea mays
Dandelion leaf	Taraxacum officinale
Dandelion root	Taraxacum officinale
Dang Gui	Angelica sinensis
Echinacea leaf and flower	Echinacea purpurea
Elder berries	Sambucus nigra
Elder flowers	Sambucus nigra
Fennel seed	Foeniculum vulgare
Fenugreek seed	Trigonella foenum-graecum
Ginger root c/s	Zingiber officinale

Common Name	Latin Name
Goji (Lycii) Berries	Lycium barbarum
Goldenrod leaf	Solidago spp.
Gotu kola	Centella asiatica
Green Tea leaf	Camellia sinensis
Hawthorn berries	Crataegus spp.
Hawthorn leaf &flwr	Crataegus spp.
Hibiscus flower	Hibiscus rosa-sinensis
Holy Basil leaf	Ocimum sanctum
Honeysuckle flowers	Lonicera japonica
Horsetail stem	Equisetum arvense
Hyssop leaf	Hyssopus officinalis
Job's Tears	Coix Lacryma-jobi
Juniper berries	Juniperus communis
Lavender flower	Lavendula spp.
Lemon Balm leaf	Melissa officinalis
Lemon Grass	Cymbopogon citratus
Licorice root	Glycyrrhiza glabra
Linden leaf&flwr	Tilia europaea
Lotus root	Nelumbo nucifera
Luo han guo fruit	Momordica grosvenorii
Marshmallow root c/s	Althaea officinalis
Meadowsweet leaf	Filipendula ulmaria
Milk Thistle seed	Silybum marianum
Motherwort leaf	Leonurus cardiaca
Mullein leaf	Verbascum densiflorum
Nettle leaf	Urtica dioica
Oat straw	Avena sativa
Oats tops	Avena sativa
Orange peel	Citrus sinensis
Papaya leaf	Carica papaya
Passionflower	Passiflora incarnata
Pau d'Arco	Tabebuia
Peony root	Pnaoniae alba
Peppermint leaf	Mentha x piperita

Common Name	Latin Name
Plantain leaf	Plantago major
Raspberry leaf	Rubus idaeus
Red Clover flower	Trifolium pratense
Rehmannia, prepared	Rehmannia glutinosa
Rooibos Chai Blend®	Rooibos, Cinnamon, Ginger, Cardamom, Cloves, Black Pepper
Rooibos Tea	Aspalathus linearis
Rose hips	Rosa spp.
Rose petals	Rosa damascena
Sage leaf	Salvia officinalis
Sarsaparilla	Smilax regelii
Schisandra fruit	Schisandra chinensis
Senna leaf	Senna alexandrina
Skullcap leaf	Scutellaria lateriflora
Slippery Elm bark c/s	Ulmus rubra
Spearmint leaf	Mentha spicata
Star Anise seed	Illicium verum
St. John's Wort leaf & flower	Hypericum perforatum
Thyme leaf	Thymus vulgaris
Uva Ursi leaf	Arctostaphylos uva-ursi
Wild Yam root	Dioscorea oppositifolia
Yarrow leaf & flower	Achillea millefolium
Yellow Dock root	Rumex crispus



## **Single Powders**

### STANDARDIZED EXTRACT POWDERS

**Amla Extract** 

Sizes offered: 3oz, 6oz

**Description:** 4:1 to 6:1 extract powder, standardized to tannins

**Ashwagandha Root Extract** 

Sizes offered: 3oz, 6oz

Description: 4:1 extract powder, standardized to withaferina-A, withanolides, alkaloids

**Astragalus Root Raw Powder** 

Sizes offered: 4oz, 8oz

BCAA Blend Powder 1:1 (L-Isoleucine, L-Leucine, L-Leucine, L-Valine)

Sizes offered: 3oz, 6oz

\_\_\_\_\_

**Beet Root Extract** 

Sizes offered: 3oz, 6oz

**Bentonite Clay Powder** 

Sizes offered: 3oz, 6oz

Bi Aloe® Extract

Sizes offered: 1oz, 3oz, 6oz

**Description:** Extract powder, standardized to 15%-20% aloe poly acetyl mannans

## Centellin® Extract

Sizes offered: 2oz, 4oz, 6oz

Description: Gotu kola extract powder. 7:1 to 10:1 extract, standardized to triterpenes

## Chaga 8:1 Extract

Sizes offered: 2oz, 4oz

**Description:** 8:1 extract powder, standardized to 2% beta-glucans

**Cinnamon Powder** 

Sizes offered: 3oz, 6oz

Cissus Quadrangularis (ActiCissus™) Extract

Sizes offered: 2oz, 4oz

Description: 10% ketosterones, 1% natural calcium

**Cordyceps 1:1 Extract** 

Sizes offered: 2oz, 4oz, 6oz

**Description:** 1:1 extract powder, standardized to >25% beta-glucans

**Cordyceps 4:1 Extract** 

Sizes offered: 2oz, 4oz, 6oz

**Description:** 4:1 extract powder, standardized to >25% beta-glucans

**Cordyceps 8:1 Extract** 

Sizes offered: 2oz, 4oz, 6oz

**Description:** 8:1 extract powder, standardized to >25% beta-glucans

**Coriolis 8:1 Extract** 

Sizes offered: 2oz, 4oz, 6oz

**Description:** 8:1 extract powder, standardized to 30% beta-glucans

**Creatine Monohydrate** 

Sizes offered: 3oz, 6oz

## **Curcumin 3C Complex® Extract (Turmeric Extract)**

Sizes offered: 2oz, 4oz

**Description:** 64:1 to 66:1 extract powder, standardized to 95% curcuminoids

#### **DGL Extract**

Sizes offered: 3oz, 6oz

**Description:** Deglycyrrhizinated Licorice <3% Glycyrrhizinic Acid from Glycyrrhiza glabra

## **Ellagic Acid Extract**

Sizes offered: 3oz, 6oz

**Description:** Fenugreek sterols extract powder. 8:1 to 10:1 extract, standardized to saponins

#### FenuSterols® Extract

Sizes offered: 3oz, 6oz

Description: Fenugreek sterols extract powder. 8:1 to 10:1 extract, standardized to saponins

## ForsLean® Extract

Sizes offered: 2oz, 4oz

**Description:** Coleus forskohlii extract powder. 25:1 to 35:1 extract, standardized to forskolin

## **Ginger Raw Powder**

Sizes offered: 3oz, 6oz

\_\_\_\_\_

## **Ginger Extract**

Sizes offered: 2oz, 4oz

Description: 8:1 to 10:1 extract powder, standardized to 5% gingerols

## **Ginkgo Extract**

Sizes offered: 1oz, 2oz, 4oz

**Description:** 8:1 to 10:1 extract powder, standardized to 5% gingerols

## **Glycine Powder**

Sizes offered: 4oz, 8oz

Single Powders pg 3

#### **Goldenseal Raw Powder**

Sizes offered: 3oz, 6oz

## **Grape Seed Extract**

Sized offered: 3oz, 6oz

Description: 100:1 to 120:1 extract powder, standardized to proanthocyanidins

#### **Green Tea Extract**

Sized offered: 3oz, 6oz

**Description:** 12:1 to 15:1 extract powder, standardized to 75% catechins & polyphenols

## **Gugulipid Extract (Guguliapid®)**

Sizes offered: 2oz, 4oz

**Description:** 2:1 extract powder, standardized to guggulsterones, 2/5% Gugu lipid

## **Holy Basil Extract**

Sizes offered: 3oz, 6oz

Description: 8:1 to 15:1 extract powder, standardized to ursolic acid

#### **Horse Chestnut Extract**

Sizes offered: 2oz, 4oz, 6oz Description: 16-20% Escin

Description: 10-20% Escin

## Jobs Tears, Raw Powder

Sizes offered: 8oz, 16oz

#### **Kava Extract**

Sizes offered: 2oz, 4oz

**Description:** Extract powder, standardized to 30% kavalactones

## **Kudzu Raw Powder**

Sizes offered: 3oz, 6oz

## **L-Citrulline Powder**

Sizes offered: 2oz, 4oz, 6oz

#### **L-Glutamine Powder**

Sizes offered: 2oz, 4oz

#### **Licorice Extract**

Sizes offered: 2oz, 4oz

Description: 15:1 to 20:1 extract powder, standardized to glycyrrhizinic acid

#### **Maca Raw Powder**

Sizes offered: 3oz, 6oz, 9oz

#### **Marshmallow Root Raw Powder**

Sizes offered: 3oz, 6oz

#### Milk Thistle Extract

Sizes offered: 2oz, 4oz, 6oz

**Description:** Extract powder, standardized to 58% Silimarin

#### **Mucuna Pruriens Extract**

Sizes offered: 2oz, 4oz

Description: 10:1 extract powder, standardized to L-dopa

## Nigellin® Onyx

Sizes offered: 2oz, 4oz

Description: Black Cumin Seed extract powder, 1.5:1 to 2:1 extract powder, standardized to

thymoquinone and thymohydroquinone

## Papaya (Green) Powder

Sizes offered: 2oz, 4oz

#### Poria 1:1 Extract

Sizes offered: 2oz, 4oz, 6oz

**Description:** 1:1 extract powder, standardized to 55% beta-glucans

## **Psyllium Seed Raw Powder**

Sizes offered: 3oz, 6oz

Reishi 1:1 Extract

Sizes offered: 3oz, 6oz

**Description:** 1:1 extract powder, standardized to >30% beta-glucans

, ,

Reishi 4:1 Extract

Sizes offered: 3oz, 6oz

**Description:** 4:1 extract powder, standardized to >30% beta-glucans

Reishi 16:1 Extract

Sizes offered: 3oz, 6oz

**Description:** 16:1 extract powder, standardized to >30% beta-glucans

Resvenox® from Polygum cuspidatun Extract

Sizes offered: .5oz, 1oz, 2oz

**Description:** 130:1 to 150:1 extract powder, standardized to 95% resveratrol

Sage Extract (Ursolic Acid)

Sizes offered: 1oz, 2oz, 3oz

Description: 75:1 extract powder, standardized to 61% ursolic acid, 15% oleanolic acid

\_\_\_\_\_

**Schisandra Extract** 

Sizes offered: 2oz, 4oz

**Description:** >9% Schisandrins

**Sea Vegetable Powder** 

Sizes offered: 2oz, 4oz, 6oz

\_\_\_\_\_

**Shatavari Raw Powder** 

Sizes offered: 8oz, 16oz

**Shilajit Extract** 

Sizes offered: 2oz, 4oz

Description: 20% Fulvic Acid, 60% Humic Acid

Shitake 4:1 Extract

Sizes offered: 3oz, 6oz

**Description:** 4:1 extract powder, standardized to >30% beta-glucans

## **Slippery Elm Raw Powder**

Sizes offered: 3oz, 6oz

\_\_\_\_\_

## **Spinach Extract**

Sizes offered: 3oz, 6oz

**Description:** Standardized to 20-Hydroxyechysone

## St. John's Wort Extract

Sizes offered: 1oz, 3oz

Description: Extract powder, standardized to .3% hypericin's

## **Turmeric Raw Powder**

Sizes offered: 2oz, 4oz, 6oz

\_\_\_\_\_\_

## uC3 Clear® Extract (Curcuma Longa Extract)

Sizes offered: 2oz, 4oz

**Description:** Extract powder, standardized to 14% curcuminoids



# **Chinese Granules**

PinYin Name: (5:1 extracts unless noted)	Common/ Latin Name:
Ai Ye (Tan)	Mugwort / Artemisia argyi
Bai He	Lily bulb / Lilium sp.
Bai Jiang Cao	Patrinia scabiosifolia
Bai Shao	White Peony / Paeonia lactiflora
Bai Zhi	Dahurian angelica
Bai Zhu	White Atractylodes macrocephala (rhizome)
Bai Zi Ren	Arborvitae seed / Biota orientalis
Bain Xu	Polygoni Avicularis
Ban Xia (Fe)	Pinellia ternate
Во Не	Mentha sp. / Mint
Cang er Zi	Cocklebur/ Xanthium sibericum
Cang Zhu	Atractylodes rhizome, processed
Chai Hu	Bupleurum sp. (root)
Chen Pi	Tangerine peel / Citrus reticulata
Che Qian Zi (Yan Zhi)	Processed Plantago seed
Chi shao	Red peony (root)
Chuan Xiong	Szechuan Lovage / Ligusticum wallichii
Da Huang	Rhubarb root / Rheum sp.
Da Zao	Jujube fruit / Zizyphus jujube
Dan Shen	Chinese Salvia miltiorrhiza
Dang Gui (2.5:1)	Angelica sinensis
Dang Shen	Codonopsis pilosula
Di long	Pheretima
Du Huo	Angelica pubescens
Du zhong	Eucommia cortex
E Zhu	Zedoary / Curcuma zedoaria
Fang feng	Siler / Saposhnikova or Ledebouriella
Fang ji	Stephaniae tetrandrae rt.
Fu ling	Hoelen / Poria cocos

PinYin Name: (5:1 extracts unless noted)	Common/ Latin Name:
Fu zi (Black)	Prepared Aconite / Aconitum carmichaeli
Fu zi	Prepared Aconite / Aconitum carmichaeli
Gan Cao	Licorice / Glycyrrhiza uralensis
Gan jiang	Dried Ginger / Zingiber officinale
Ge gen	Kudzu / Pueraria sp.
Gou qi zi	Lycii fruit / Lycium chinense
Gua Lou	Trichosanthes fruit
Gui Zhi	Cinnamon twig / Cinnamomum cassia
He Huan pi	Mimosa tree bark / Albizzia julibrissin
He shou Wu	Polygonum multiflorum
Hong Hua	Carthamus tinctorius
Hou po	Magnolia bark / Magnolia officinalis
Hua Shi	Talcum
Huang Bai	Cortex Phellodendri
Huang Lian	Coptis rhizome
Huang qi	Astragalus membranaceus
Huang qin	Baical skullcap / Scutellaria baicalensis
Ji Xue Teng	Spatholobus or Milletia
Jie Geng	Balloon flower root / Platycodon grandiflorum
Jing Jie	Schizonepeta tenuifolia
Jin Yin Hua	Honeysuckle
Ju Hua	Chrysanthemum flower / C. morifolium
Ku Shen	Radix Sophorae Flavescentis
Lian Giao	Forsythia fruit / Forsythia suspensa
Long Gu	Dragon Bone (crude/raw) / Os Draconis
Long yan Rou	Longan fruit / Euphoria longan
Mai (men) dong	Ophiopogon japonicus
Mai Ya	Barley sprout (raw)
Mang Xiao (1:1)	Glauber's Salt / Mirabilitum
Mo Yao	Myrrh / Commiphora Myrrha
Mu dan pi	Tree peony root / Paeonia suffruticosa
Mu li	Oyster shell (raw) / Ostrea gigis
Mu Tong	Caulis Clematidis Armandii

PinYin Name: (5:1 extracts unless noted)	Common/ Latin Name:
Mu Xiang (Chuan)	Costus rt. / Aucklandia or Saussurea lappa
Niu xi	Radix Achyranthis Bidentatae
Pu gong ying	Taraxici herba
Pu Huang	Typha pollen
Qiang Huo	Notopterygium incisum
Qu Mai	Dianthus
Ren Shen (Bai)	Ginseng root
Ren Shen (Hong Shen)	Panax ginseng, Rubra
Rou Gui	Cinnamon bark / Cinnamomum cassia
Ru Xiang	Frankincense/ Boswellia carterii
Sang ji sheng	Mulberry mistletoe stems / Viscum coloratum
Sha ren	Amomum sp.
Shan ci Gu	Pseudobulbus Cremastre
Shan Yao	Chinese yam / Dioscorea opposite
Shan Zha	Crataegus fruit
Shan Zhu Yu (Shan Yu Rou)	Cornus officinalis
Shen(g) Jiang	Fresh Ginger / Zingiber officinalis
Sheng di Huang	Rehmannia glutinosa, raw
Sheng Ma	Black Cohosh / Cimicifuga sp.
Shi Gao	Gypsum
Shu di Huang	Rehmannia glutinosa, prepared
Suan Zao Ren	Jujube seed / Zizyphus spinosa
Tao Ren	Peach kernel / Prunus persica
Tian (men) Dong	Asparagus cochinchinensis
Tian Hua Fen	Trichosanthes kirilowii root
Tian San Qi	Panax notoginseng
Tu Si Zi	Chinese dodder seed / Cuscuta chinensis
Wu Mei	Mume fruit
Wu wei Zi	Five-flavor seed / Schisandra chinensis

PinYin Name: (5:1 extracts unless noted)	Common/ Latin Name:
Wu Zhu Yu	Evodia fruit
Xi Xin	Chinese wild ginger / Asarum sp.
Xi yang Shen (4:1)	Panacis quinquefolii radix
Xia ku Cao	Selfheal / Prunella vulgaris
Xian he Cao	Agrimoniae herba
Xiang Fu	Nut-grass rhizome / Cyperus rotundus
Xie Bai	Chinese chive (blub)
Xin Yi	Magnolia Flower
Xing Ren	Apricot kernel / Prunus armeniaca
Xu Duan	Japanese Teasel root / Dipsacus asper
Xuan Shen	Ningpo Figwort root / Scrophularia ningpoensis
Yan hu Suo	Corydalis yanhusuo
Yi Mu Cao	Chinese motherwort / Leonurus heterophyllus
Yi yi Ren	Job's tears/ Coix lacrima jobi
Yin Chen	Virgate Wormwood/Artemisia absinthium
Yin yang Huo	Epimedium grandiflorum
Yuan Zhi	Polygala tenuifolia
Ze Xie	Water Plantain rhizome / Alisma plantago-aquatica
Zhe Bei Mu	Fritillaria bulb/Fritillaria thunbergii
Zhi Gan Cao	Licorice, prepared
Zhi Ke	Bitter orange / Fructus aurantii
Zhi Mu	Anemarrhea (root)
Zhi Shi	Unripe bitter orange
Zhi Zi	Gardenia (fruit)
Zi su Ye	Perilla leaf
Zhu Ling	Polyporus umbellatus
Zhu Rhu	Caulis Bambusae



## **Essential Oils**

**Please note:** Essential oils may be used as ingredients for custom formulas but are not dispensed and sold individually.

Essential Oils List		
Bay Laurel	Grapefruit, Pink	Peppermint
Camphor	Helichrysum	Rose Absolute
Chamomile, Blue	Holy Basil	Rosemary Borneol
Chamomile, Roman	Lavender Extra	Sandalwood
Cedar	Lemon	Spikenard
Cinnamon bark	Lemongrass	Spruce
Clove Bud	Marjoram, Sweet	Tea Tree
Cypress	Melissa	Thyme Linalool
Eucalyptus Globulus	Myrrh	Vetiver
Fennel	Nutmeg CO2	
Frankincense	Orange, Sweet	
Ginger CO2	Oregano	
Geranium, Rose	Pepper, Black	



# **Topical Ingredients**

	Topical Ingredients List
Aloe Vera Gel	
Arnica Oil	Arnica Oil in Olive Oil
Artemis Plus® Capsules	Ingredients: Artemisia annua Whole Herb Ext. 99% Artemisinin, Sweet Wormwood (Artemisia annua) Whole Herb 8:1 Ext., Burdock Seed (Arctium lappa) Ext. 40% Arctiin & Arctigenin, Red Clover (Trifolium pratense) Aerial Parts Ext. 40% Isoflavones, Celandine (Chelidonium majus) Whole Herb 4:1 Ext., BioPerine® Black Pepper (Piper nigrum) Fruit Ext. 95% Piperine
Beeswax	
Bentonite Clay	
Black Cumin Seed Cold Pressed Oil	
Brahmi Oil	Gotu Kola and Brahmi in Sesame Seed Oil
Borage Oil	
Butyrex Capsules	
Calendula Oil	Calendula Oil in Olive Oil
Cocoa Butter	
Coconut Oil	
Comfrey Oil	Comfrey Oil in Olive Oil
DMSO Liquid	
DMSO Gel	
Emulsified Vit A	
Emulsified Vit D	
Emulsified Vit K	
Herbal Ice®	Ingredients: Filtered Water, Organic Aloe Vera Juice, SD Alcohol 40- B, Menthol
Inflamaway® Capsules	Ingredients: Boswellin® Super (Boswellia serrata) Gum Resin Exudate Ext. 30% AKBA, 50% B-Boswellic Acid, 75% Organic Acids, Feverfew (Tanacetum parthenium) Aerial Parts Ext. 0.8% Parthenolide, Magnolia (Magnolia officinalis) Bark Ext. 50% Honokiol and Magnolol, Andrographis (Andrographis paniculata) Whole Herb Ext. 50% Andrographolide, Chinese Skullcap (Scutellaria baicalensis) Root 4:1 Ext., Ginger (Zingiber officinale) Root/Rhizome Ext. 5% Gingerols, Bromelain, Pineapple (Ananas comosus) Stem Ext. 2400 GDU/gram, BioPerine® Black Pepper (Piper nigrum) Fruit Ext. 95% Piperine

Topical Ingredients List		
Jojoba Oil		
L. Citrulline Liquid		
Lanolin		
Licorice Solid Extract		
Magnesium Gel		
Manuka Honey 250+		
Melazepam Cream		
Phyto-Cyto®	Ingredients: Pacific Yew (Taxus brevifolia) Leaf and Bark Ext., Madagascar Periwinkle (Catharanthus roseus) Aerial Ext., Camptotheca acuminata Seed Ext., Mistletoe (Viscum album) Thallus Ext., Paw Paw (Asimina triloba) Seed and Bark Ext., Poke (Phytolacca americana) Root Ext., May Apple (Podophyllum peltatum) Root ext., Luo Han Guo (Siraitia grosvenorii) Fruit Ext., Ginger (Zingiber officinalis) Essential Oil, Sweet Orange (Citrus sinensis) Essential Oil	
Poke Oil		
Pumpkin Seed Oil		
Sea Buckthorn Oil		
Shea butter		
Silver Gel		
Silvercillin Liquid™	Ingredients: liquid (Purified water, purified Silver)	
Squalane Oil (olive derived)		
St. John's Oil	St. John's Oil in Olive Oil	
Sunflower lecithin		
Vegetable Glycerin	Coconut and Flax derived	
Vitamin E Oil		
Xanthan Gum		
Zinc drops		
Crean	n Base Topical Ingredients List	
Myco-Can Cream (formerly Anti-Fungal Skin Cream)	Ingredients: Allium sativum, Grindelia squarrosa, Mahonia aquifolium, Monarda fistulosa, Tabebuia heptaphylla, Thuja occidentalis, Cinnamomum cassia, Foeniculum vulgare, in a base of water, safflower oil, olive oil, vegetable emulsifying wax, aloe vera gel, coconut oil, jojoba oil, beeswax, cocoa butter, lecithin, natural preservative, D-tocopherol, stearic acid, xanthan gum, trace minerals	
Phyto Vir Plus Cream (formerly Antiseptic Cream)	Ingredients: Echinacea angustifolia, Allium sativa, Berberis vulgaris, Hydrastis canadensis, Baptisia tinctoria, Commiphora myrrha, Larrea tridentata, Phytolacca americana, in a base of water, safflower oil, olive oil, vegetable emulsifying wax, aloe vera gel, coconut oil, jojoba oil, beeswax, cocoa butter, lecithin, natural preservative, D- tocopherol, stearic acid, xanthan gum, trace minerals	

Cream Base Topical Ingredients List (continued)		
Base Cream	Ingredients: Distilled water, safflower oil, olive oil, vegetable emulsifying wax, aloe vera gel, coconut oil, jojoba oil, beeswax, cocoa butter, lecithin, natural preservative, D-tocopherol, stearic acid, xanthan gum, trace minerals	
Calendula Cream	Ingredients: Calendula officinalis, in a base of distilled water, safflower oil, olive oil, vegetable emulsifying wax, aloe vera gel, coconut oil, jojoba oil, beeswax, cocoa butter, lecithin, natural preservative, D-tocopherol, stearic acid, xanthan gum, trace minerals	
Hamamelis Cream	Ingredients: Hamamelis virginiana, in a base of distilled water, safflower oil, olive oil, vegetable emulsifying wax, aloe vera gel, coconut oil, jojoba oil, beeswax, cocoa butter, lecithin, natural preservative, D-tocopherol, stearic acid, xanthan gum, trace minerals	
Symphytum Cream	Ingredients: Symphytum officinalis, in a base of distilled water, safflower oil, olive oil, vegetable emulsifying wax, aloe vera gel, coconut oil, jojoba oil, beeswax, cocoa butter, lecithin, natural preservative, D-tocopherol, stearic acid, xanthan gum, trace minerals	





## **Natura Health Products**

## Formulated by Clinical Master Herbalist Donnie Yance, CN, RH (AHG)

Vendor	Product Name
Natura Health Products	Amino Whey Pro Advantage™ powder 30 scoops
Natura Health Products	Artemis Plus® 80 caps
Natura Health Products	Botanabol® 100 caps
Natura Health Products	Botanical Treasures® 180 caps
Natura Health Products	Cardio Tonic-BP® 90 caps
Natura Health Products	Cell Guardian™ 90 caps
Natura Health Products	Cho-Less® 90 caps
Natura Health Products	Complete Omega Essentials® 120 soft gels
Natura Health Products	Digest Mend® 180 caps
Natura Health Products	Dual-Mag Complex® 90 caps
Natura Health Products	Flew Away® 60 caps
Natura Health Products	IG Sensitizer® 90 caps
Natura Health Products	ImmuCare® 180 caps
Natura Health Products	InflamAway® 90cap
Natura Health Products	Iron Synergy® 90 caps
Natura Health Products	JTL Mobility® 90 caps
Natura Health Products	Lung & Bronchial Tonic™ 4 fl. oz
Natura Health Products	Meno-Breeze® 60 caps
Natura Health Products	Mito-Gevity® 60 soft gels
Natura Health Products	Mushroom Synergy® 180 caps

Vendor	Product Name
Natura Health Products	Night Gain® 90 caps
Natura Health Products	N-Liven™ powder 30 scoops
Natura Health Products	Peps-Aid® 2 fl. oz
Natura Health Products	Phyto-Cyto™ 4 fl. oz
Natura Health Products	Power Adapt® 4 fl. oz
Natura Health Products	Power Adapt® 16 fl. oz
Natura Health Products	Power Adapt® 60 caps
Natura Health Products	Quercetin Plus 90 caps
Natura Health Products	S-Clear™ Spray 2 fl. oz
Natura Health Products	Serenoa Supreme™ 60 caps
Natura Health Products	Throat & Gland™ Spray 2 fl. oz
Natura Health Products	Tranquility™ 90 caps
Natura Health Products	Up-Lift™ 90 caps
Natura Health Products	Vibrant Mind® 90 caps
Natura Health Products	Vital Adapt® 4 fl. oz
Natura Health Products	Vital Adapt® 16 fl. oz
Natura Health Products	Vital Adapt® 60 caps
Natura Health Products	Vitamin D-A-K 60 caps
Natura Health Products	Willow Relief® 90 caps
Natura Health Products	Zinc 60 caps